



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# RED LIGHT THERAPY PACKAGES

Experience the rejuvenating benefits of Red Light Therapy. This treatment uses low-level red and near-infrared light to stimulate collagen production and enhance blood flow. This treatment may improve skin quality, speed wound healing, reduce chronic pain, and improve workout recovery times.

## ONE-TIME INTRO PACKAGES

	YMCA MEMBERS — PER PERSON	
	Per Package	Per Person/Session
4 sessions	\$48	\$12

## REGULAR PACKAGES

	YMCA MEMBERS — PER PERSON		NON-MEMBERS — PER PERSON	
	Per Package	Per Session	Per Package	Per Session
1 session	\$20	\$20	\$30	\$30
6 sessions	\$108	\$18	\$168	\$28
12 sessions	\$192	\$16	\$312	\$26
20 sessions	\$280	\$14	\$480	\$24

## ADD-ON SESSIONS

Red Light Therapy single sessions are available at a discounted rate for clients with a One-on-One Wellness Package or Subscription.

	Per Person/Session
1 session	\$16



### Financial assistance available.

Packages must be paid in full at time of purchase and are valid for one year from the date of purchase. Intro Packages are available one time per member only. All Wellness packages are priced per person and cannot be shared with another individual.