



PERSONAL TRAINING PACKAGES

ONE-TIME INTRO PACKAGES

	YMCA MEMBERS	
30 Minute	Per Package	Per Session
4 sessions	\$168	\$42
60 Minute	Per Package	Per Session
4 sessions	\$260	\$65

REGULAR PACKAGES

	YMCA MEMBERS		NON-MEMBERS	
30 Minute	Per Package	Per Session	Per Package	Per Session
1 session	\$61	\$61	\$82	\$82
6 sessions	\$336	\$56	\$462	\$77
12 sessions	\$588	\$49	\$864	\$72
20 sessions	\$880	\$44	\$1,320	\$66
60 Minute	Per Package	Per Session	Per Package	Per Session
1 session	\$87	\$87	\$110	\$110
6 sessions	\$492	\$82	\$624	\$104
12 sessions	\$924	\$77	\$1,188	\$99
20 sessions	\$1,320	\$66	\$1,740	\$87



Packages must be paid in full at the time of purchase and are valid for one year from the date of purchase. Intro Packages are available one time per member only. All Personal Training packages are priced per person and cannot be shared with another individual. Scan the QR code to learn more about all YMCA packages and subscriptions.

