

EMMA B. HOWE YMCA LAP POOL SCHEDULE

No Reservation required

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-8:00am Lap Swim (4)		5:00am-8:00am Lap Swim (4)		5:00am-8:00am Lap Swim (4)	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
Open Swim (2)	5:00am-10:45am	Open Swim (2)		Open Swim (2)	7:00am-7:45am Lap Swim(6)	
8:15am-9:00am Water Ex Class	Lap Swim (4) Open Swim(2)	8:15am-9:00am Water Ex Class	Lap Swim (4) Open Swim(2)	8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	
9:15am-10:00am Water Ex Class		9:15am-10:00am WaterEx Class		9:15am-10:00am Water Ex Class	9:00am-11:30am	
10:15am-1:00pm	11:00am-11:45am	10:15am-1:00pm	11:00am-11:45am	10:15am-1:00pm	Lap Swim(4) Swim Lessons(2)	
Lap Swim(4) Open Swim(2)	Water Ex Class	Lap Swim(4) Open Swim(2)	m(4) Water Ex Class im(2) 12:00pm-2:00pm CLOSED ::30	Lap Swim(4) Open Swim (2)		7:00am-4:45pm
	12:00pm-2:00pm CLOSED					LapSwim(4) Open Swim(2)
1:00-2:30 CLOSED		1:00-2:30 CLOSED		1:00-2:30 CLOSED	11:30am-4:45pm	
2:30pm-4:15pm Lap Swim(4) Open Swim(2)	2:00pm-4:15pm Lap Swim(4) Open Swim(2)	2:30pm-4:15pm Lap Swim(4) Open Swim(2)		2:30pm-5:15pm Lap Swim(4) Open Swim(2)	Lap Swim(4) Open Swim(2)	
			2:00pm-8:30pm	5:15pm-6:00pm ** Water EX Class		
4:15pm-6:15pm	4:15pm-6:15pm	4:15pm-6:15pm	Lap Swim(4) Open Swim(2)	(Adult only)(2) Lap Swim(4)		
Lap Swim(5) Swim Lessons(1)	Lap Swim(5) Swim Lesson(1)	Lap Swim(5) Swim Lessons(2)			CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
				6:00pm-8:45pm Lap Swim(4) OpenSwim(2)		
6:15pm-8:45pm Lap Swim(4) Open Swim(2) **No Slide during W	6:15-8:30pm Lap Swim(4) Open Swim(2) CLOSED	6:15pm-8:45pm LapSwim(4) OpenSwim(2)	CLOSED			





EMMA B. HOWE YMCA LEISURE POOL SCHEDULE December 1st-14th

No Reservation required

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
7:00am-8:15am Open Swim		7:00am-8:15am Open Swim	7:00am-8:45am	7:00am-8:15am Open Swim	CLOSED 7:00am-7:45am	CLOSED 7:00am-8:am
8:15am-9:00am Water Ex Class	7:00am-11:00am Open Swim	8:15am-9:00am Water Ex Class	Open Swim	8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	
9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class	9:00am-10:15am Swim Lessons/ Deep Water	9:15am-10:00am Water Ex Class	8:45am-11:15am Swim Lessons/ Deep Water Exercise(Adult Only)	
10:00am-11:am Open Swim	11:00am-11:45pm Water Ex Class	• 10:00am-11:00am Open Swim	Exercise(adult only) 11:00am-11:45pm Water Ex Class	10:15am-11:00am Water Vollyball (deep Leisure)/ Open Swim		
11:00am-1:00pm CLOSED	12:00pm-1:00pm WaterVolleyball /Open Swim	11:00am-1:00pm CLOSED	12:00pm-1:00pm WaterVolleyball /Open Swim	11:00am-1:00pm CLOSED		8:00am-4:45pm Open Swim
1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	1:00pm - 2:00pm Deep Water Ex(adult only)/Open Swim	1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	1:00pm - 2:00pm Deep Water Ex(adult only)/Open Swim	1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	11:15am-4:45pm Open Swim	
2:30-4:15pm CLOSED	2:00pm-4:15pm CLOSED	2:30pm-4:15pm CLOSED	2:00pm-4:15pm CLOSED	2:30-4:15pm CLOSED		
4:15pm-6:15pm Swim Lessons/ Deep Water exercise(Adult ONLY)	4:15pm-6:15pm Swim Lessons/ Deep Water exercise(Adult Only)	4:15pm-6:15pm Swim Lessons/ Deep Water exercise(Adult ONLY)	4:00pm-8:30pm Open Swim	4:15pm-8:45pm Open Swim	CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
6:15-8:45pm Open Swim	6:15-8:30pm Lap Swim(4) Open Swim(2)	6:15-8:45pm Open Swim	CLOSED			

Attention:Slide will be turn on only with 3 lifeguards on duty. (EXCEPTION :DURING AQUA ZUMBA CLASS) **No Slide during Water EX classes.

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EMMA B. HOWE YMCA LAP POOL SCHEDULE

December 15th-21st

No Reservation required

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-8:00am Lap Swim (4) Open Swim (2)	5:00am-10:45am	5:00am-8:00am Lap Swim (4) Open Swim (2)		5:00am-8:00am Lap Swim (4) Open Swim (2)	CLOSED 5:00am-7:00am 7:00am-7:45am Lap Swim(6)	CLOSED 5:00am-7:00am
8:15am-9:00am Water Ex Class	Lap Swim (4) Open Swim(2)	8:15am-9:00am Water Ex Class	5:00am-10:45am Lap Swim (4) Open Swim(2)	8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	
9:15am-10:00am Water Ex Class		9:15am-10:00am WaterEx Class		9:15am-10:00am Water Ex Class		
10:15am-1:00pm Lap Swim(4) Open Swim(2)	11:00am-11:45am Water Ex Class	10:15am-1:00pm Lap Swim(4) Open Swim(2)	11:00am-11:45am Water Ex Class	10:15am-1:00pm Lap Swim(4) Open Swim (2)		7:00am-4:45pm
1:00-2:30 CLOSED	12:00pm-2:00pm CLOSED	1:00-2:30 CLOSED	12:00pm-2:00pm CLOSED	1:00-2:30 CLOSED	9:00am-4:45pm Lap Swim(4) Open Swim(2)	LapSwim(4) Open Swim(2)
	2:00pm-8:30pm		2:00pm-8:30pm	2:30pm-5:15pm Lap Swim(4) Open Swim(2) 5:15pm-6:00pm **		
2:30pm-8:45pm Lap Swim(4) Open Swim(2)	Lap Swim(4) Open Swim(2)	2:30pm-8:45pm Lap Swim(4) Open Swim(2)	Lap Swim(4) Open Swim(2)	Water EX Class (Adult only)(2) Lap Swim(4) 6:00pm-8:45pm Lap Swim(4) OpenSwim(2)	CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
**No Slide during V	CLOSED		CLOSED			



EMMA B. HOWE YMCA LEISURE POOL SCHEDULE

No Reservation required

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
7:00am-8:15am		7:00am-8:15am		7:00am-8:15am	CLOSED	CLOSED
Open Swim		Open Swim		Open Swim	7:00am-7:45am	7:00am-8:am
8:15am-9:00am Water Ex Class	7:00am-11:00am Open Swim	8:15am-9:00am Water Ex Class	7:00am-11:00am Open Swim	8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	
9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class		9:15am- 10:05am		
10:00am-11:am Open Swim	11:00am-11:45pm Water Ex Class	10:00am-11:00am Open Swim	11:00am-11:45pm Water Ex Class	10:15am- 11:00am Water Vollyball (deep Leisure)/ Open Swim		
11:00am-1:00pm CLOSED	12:00pm-1:00pm WaterVolleyball /Open Swim	11:00am-1:00pm CLOSED	12:00pm-1:00pm WaterVolleyball /Open Swim	11:00am- 1:00pm CLOSED		8:00am-4:45pm Open Swim
1:00-2:30pm Deep waterEx(Adult Only)/ Open Swim	1:00pm - 2:00pm Deep Water Ex(Adult Only)/ Open Swim	1:00-2:30pm Deep WaterEx(Adult Only)/ Open Swim	1:00pm-2:00pm Deep Water Ex (Adult only)/ Open Swim	1:00-2:30pm Deep Water Ex/ Open Swim	8:45am-4:45pm Open Swim	
2:30-4:00pm CLOSED	2:00pm-4:00pm CLOSED	2:00pm-4:00pm CLOSED	2:00pm-4:00pm CLOSED	2:30-4:00pm CLOSED		
4:00pm-8:45pm Open Swim	4:00pm-8:30pm Open Swim	4:0pm-8:45pm Open Swim	4:00pm-8:30pm Open Swim	4:15pm-8:45pm Open Swim	CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
	CLOSED		CLOSED			

Attention:Slide will be turn on only with 3 lifeguards on duty. (EXCEPTION :DURING AQUA ZUMBA CLASS) **No Slide during Water EX classes.



No Reservation required

	*ATTENTION:EMMA					
Monday	Tuesday	*Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-8:00am Lap Swim (4)	5:00am-7:00am CLOSED			5:00am-8:00am Lap Swim (4)	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
Open Swim (2)			5:00am-10:45am	Open Swim (2)	7:00am-7:45am Lap Swim(6)	
8:15am-9:00am Water Ex Class			Lap Swim (4) Open Swim(2)	8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	
9:15am-10:00am Water Ex Class	7:00am-12:00pm Lap Swim(4) Open Swim(2)			9:15am-10:00am Water Ex Class		
			11:00am-11:45am Water Ex Class			7:00am-4:45pm LapSwim(4) Open Swim(2)
10:15am-8:45pm Lap Swim(4)	5:00am-8:45 CLOSED 12:00pm-8:30pm CLOSED			10:15am-5:15pm Lap Swim(4) Open Swim (2)	9:00am-4:45pm Lap Swim(4) Open Swim(2)	
Open Swim(2)			12:00pm-8:30pm Lap Swim(4) Open Swim(2)	5:15pm-6:00pm ** Water EX Class		
			(Adult only)(2) Lap Swim(4)		CLOSED 4:45pm-9:00pm	
			6:00pm-8:45pm Lap Swim(4) OpenSwim(2)	CLOSED 4:45pm-9:00pm		



EMMA B. HOWE YMCA LEISURE POOL SCHEDULE

December 22nd-28th

CLOSED 5:00am-7:00am CLOSED 7:00am-8:15am CLOSED 7:00am-8:15am CLOSED 7:00am-8:15am CLOSED 7:00am-8:15am CLOSED 7:00am-8:15am CLOSED 7:00am-8:15am CLOSED 7:00am-7:00am CLOSED 7:00am-7:00am CLOSED 7:00am-7:00am CLOSED 7:00am-7:00am CLOSED CLOSED CLOSED CLOSED S:00am-4:45pm CLOSED			WILL BE CLOSED ON			.	
CLOSED 5.00am-7.00am CLOSED 5.00am-7.00am CLOSED 5.00am-7.00am CLOSED 5.00am-7.00am CLOSED 5.00am-7.00am CLOSED 5.00am-7.00am CLOSED 5.00am-7.00am CLOSED 7.00am-8.15am CLOSED 7.00am-8.15am CLOSED 7.00am-8.15am CLOSED 7.00am-7.45am CLOSED 7.00am-7.45am CLOSED 7.00am-7.45am 9:15am-10:00am Water Ex Class 7:00am-12:00pm 0pen Swim 7:00am-10:00pm Water Ex Class 8:00am-7:00am 8:00am-7:0	Monday	Tuesday	*Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim 7:00am-12:00pm 00am-100am 2:00am-3:45am 2:00am-3:4am 9:15am-10:00am 0pen Swim 9:15am-10:00am 8:15am-9:00am 8:00am-8:45am 2:00am-9:45am 9:15am-10:00am 0pen Swim 9:15am-10:00am 9:15am-10:00am 8:00am-8:45am 2:00am-9:45am 10:00am-1:00pm 0pen Swim 10:15am-10:00am 11:00am-11:45pm 0pen Swim 0pen Swim 10:00am-1:00pm 0pen Swim 12:00pm-1:00pm 11:0am-1:00pm 10:0am-8:30pm 10:02:30pm 8:45am-4:45pm 0pen Swim 0pen Swim 0pen Swim 10:02:30pm 10:02:30pm 8:45am-4:45pm 0pen Swim 8:45am-4:45pm 0pen Swim 0pen Swim </td <td></td> <td></td> <td rowspan="2"></td> <td></td> <td></td> <td></td> <td>CLOSED 5:00am-7:00am</td>							CLOSED 5:00am-7:00am
100 700am-12.00pm 700am-500am 200am-51.00am							CLOSED 7:00am-8:am
Water Ex Class Water Ex Class 10:00am-1:00pm Open Swim 11:00am-11:15pm Water Ex Class 10:00am-1:00pm Open Swim 11:00am-11:15pm Water Ex Class 10:00am-1:00pm Open Swim 12:00pm-1:00pm Water Ex Class 10:00am-1:00pm Open Swim 10:00am-4:45pm Open Swim 10:00am-2:00pm Deep water Ex (Adult Only)/ Open Swim 1:00-2:30pm Deep Water Ex (Adult Open Swim 1:00-2:30pm Open Swim 1:00-2:30pm Deep Water Ex (Adult Only)/ Open Swim 1:00-2:30pm Open Swim 1:00-2:30pm Deep Water Ex (Adult Only)/ Open Swim 1:00-2:30pm Open Swim 1:00-2:30pm Deep Water Ex (Adult Only)/ Open Swim 1:2:00pm-8:30pm Open Swim 1:00-2:30pm Deep Swim 1:2:00pm-8:30pm Open Swim 1:00-2:30pm Deep Swim 1:2:00pm-9:30pm Open Swim 1:00-2:30pm Deep Swim	8:15am-9:00am				8:15am-9:00am		
10:00am-1:00pm Open Swim Vater Vater & Class Water Vater & Class Water Usignative Vater & Class 8:45am-4:45pm Open Swim 1:00-2:30pm Deep vater & (Adut Only)' Open Swim 1:00-2:30pm Open Swim 1:00-2:30pm Open Swim 8:45am-4:45pm Open Swim 1:00-2:30pm Deep vater & (Adut only)' Open Swim 1:00-2:30pm Open Swim 8:45am-4:45pm Open Swim 1:2:00pm-8:30pm CLOSED 1:00-2:30pm Open Swim 8:45am-4:45pm Open Swim 1:2:00pm-8:30pm CLOSED 1:00-2:30pm Open Swim 8:45am-4:45pm Open Swim 1:2:00pm-8:30pm CLOSED 1:00-2:30pm Open Swim 1:00-2:30pm Open Swim							
1:00-2:30pm 1:1:0pm 1:1:15am-1:00pm 8:45am-4:45pm 8:00am-4:45p 1:00-2:30pm Deep waterEx(Aduit Oty)' 1:00-2:30pm 1:00-2:30pm 1:00-2:30pm 0pen Swim 0pen Swim<		-			Water vollyball(Deep Leisure)/Open		8:00am-4:45pm Open Swim
1:00-2:30pm 8:45am-4:45pm Deep waterEx(Adult Only)/ Open Swim 1:00-2:30pm 8:45am-4:45pm 1:00-2:30pm Deep Water Ex/ Open Swim 1:00-2:30pm 1:00-2:30pm Deep Water Ex/ Open Swim 1:00-2:30pm 1:00-3:30pm 1:00-2:30pm Deep Water Ex/ Open Swim 1:00-2:30pm 1:00-2:30pm 1:00-2:30pm Deep Water Ex/ Open Swim 0pen Swim 1:2:00pm-8:30pm 1:2:00pm-8:30pm 2:00pm-8:30pm Deep Swim 2:30-8:45pm 0pen Swim 2:30-8:45pm 0pen Swim 0pen Swim 1:00-2:30pm 2:30-8:45pm 0pen Swim 0pen Swim 0pen Swim 2:30-8:45pm 0pen Swim	Open Swim			WaterVolleyball			
2:30-8:45pm Open Swim Open Swim CLOSED 2:00pm-8:30pm Open Swim CloseD 2:30-8:45pm Open Swim CloseD 4:45pm-9:00pm 4:45pm-9:00pm	Deep waterEx(Adult Only)/	•		Deep Water Ex (Adult only)/	Deep Water Ex/		
2:30-8:45pm Open Swim Open Swim CLOSED 4:45pm-9:00pm 4:45pm-9:00pm							
CLOSED							CLOSED 4:45pm-9:00pm
				CLOSED			

Attention:Slide will be turn on only with 3 lifeguards on duty. (EXCEPTION :DURING AQUA ZUMBA CLASS) **No Slide during Water EX classes.



EMMA B. HOWE YMCA LAP POOL SCHEDULE

December 29th- January 4th

No Reservation required

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-8:00am Lap Swim (4) Open Swim (2)	5:00am-7:00am CLOSED	5:00am-7:00am CLOSED 7:00am-8:00am		5:00am-8:00am Lap Swim (4) Open Swim (2)	CLOSED 5:00am-7:00am 7:00am-7:45am	CLOSED 5:00am-7:00am
8:15am-9:00am Water Ex Class	7:00am-10:45am Lap Swim(4)	8:15am-9:00am 00am-10:45am Water Ex Class	5:00am-10:45am Lap Swim (4) Open Swim(2)	8:15am-9:00am Water Ex Class	Lap Swim(6) 8:00am-8:45am Water Ex Class	
9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class		
	11:00am-11:45am Water Ex Class	10:15am-5:00pm Lap Swim(4) OpenSwim(2)	11:00am-11:45am Water Ex Class	10:15am-1:00pm Lap Swim(4) Open Swim (2)		7:00am-4:45pm LapSwim(4) Open Swim(2)
	Lap Swim(4) OpenSwim(2) 12:00pm-5:00pm LapSwim(4) OpenSwim(2)		12:00pm-2:00pm CLOSED	1:00-2:30 CLOSED	9:00am-4:45pm Lap Swim(4) Open Swim(2)	
10:15am-8:45 pm Lap Swim(4) Open Swim(2)				2:30pm-5:15pm Lap Swim(4) Open Swim(2)		
open omniq <u>e</u> ,			2:00pm-8:30pm Lap Swim(4)	5:15pm-6:00pm ** Water EX Class (Adult only)(2)		
		Open Swim(2)	Lap Swim(4) 6:00pm-8:45pm Lap Swim(4) OpenSwim(2)	CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm	
			CLOSED			



EMMA B. HOWE YMCA **LEISURE POOL SCHEDULE**

No Reservation required

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
7:00am-8:15am Open Swim		7:00am-8:15am Open Swim		7:00am-8:15am Open Swim	CLOSED 7:00am-7:45am	CLOSED 7:00am-8:am
8:15am-9:00am Water Ex Class	7:00am-10:45am Open Swim	8:15am-9:00am Water Ex Class	7:00am-11:00am Open Swim	8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	
9:15am-10:00am Water Ex Class		9:15-10:00 Water Ex Class(deep)/Open		9:15am-10:00am Water Ex Class		
10:00am-1:00pm Open Swim	Open Swim I2:00pm 1:00pm VaterVolleyball /Open Swim 1:00-2:30pm Deep Deep Water	Swim 10:00am-1:00pm	11:00am-11:45pm Water Ex Class	10:15am-11:00am Water Vollyball (deep Leisure)/ Open Swim		
		Open Swim	12:00pm-1:00pm WaterVolleyball /Open Swim	11:00am-1:00pm CLOSED		8:00am-4:45pm Open Swim
Deep waterEx(Adult Only)/		1:00-2:30pm Deep WaterEx(Adult Only)/ Open Swim	1:00pm-2:00pm Deep Water Ex (Adult only)/ Open Swim	1:00-2:30pm Deep Water Ex/ Open Swim	8:45am-4:45pm Open Swim	
Open Swim		2:00pm-5:00pm Open Swim	2:00pm-4:00pm CLOSED	2:30-4:00pm CLOSED		
2:30-8:45pm Open Swim	CLOSED	CLOSED	4:00pm-8:30pm Open Swim	4:00pm-8:45pm Open Swim	CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
			CLOSED			

Attention:Slide will be turn on only with 3 lifeguards on duty.(EXCEPTION :DURING AQUA ZUMBA CLASS) **No Slide during Water EX classes.

**No Slide during Water EX classes.