



DAYTON YMCA

LAP POOL SCHEDULE

November 18th-24th

Updated: 9/17/2022

POOL SCHEDULE WILL BE UPDATED AS STAFFING IS CONFIRMED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am-1:00pm Lap Swim(3) Water Walking(1)	6:00am-1:00pm Lap Swim(3) Water Walking(1)	6:00am-8:30am Lap Swim(3) Water Walking(1)	6:00am-1:00pm Lap Swim(3) Water Walking(1)	6:00am-1:30pm Lap Swim(3) Water Walking(1)	CLOSED	CLOSED ON SUNDAYS	
		8:30am-9:15am Water X(2) Lap Swim (2)	HOT TUB CLOSED 6AM-11AM FOR CLEANING		7:30am-9:00am Lap Swim(3) Water Walking(1)		
		9:15am-1:00pm Lap Swim(3) Water Walking(1)			9:00am-9:45am Water X(2) Lap Swim(2)		
					9:45am-11:45am Lap Swim(3) Water Walking(1)		
1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:30pm-6:45pm Water X(2) Lap Swim(2)	CLOSED		
				2:15pm-6:45pm Lap Swim(3) Open Swim(1)			
POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED			
				YMCA CLOSED			

*Hot Tub is closed for cleaning every other Thursday 6am-11am

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming.