



CHRISTIAN MISSION NETWORK



FALL 2025
NEWSLETTER

HOW IS GOD MOVING THROUGH THE YMCA PROGRAMS?



HUDSON YMCA

This summer, we saw a wonderful infusion of Faith and fitness at the Hudson YMCA. Hallie Hemric, the Health and Wellness Director at the Hudson Y, has brought her Faith to life in leading a Pilates class entitled Faith Flow Pilates. The class remains a standard class in terms of activity in the space, but Christian music is being played, the space fosters a sense of support for people through prayer, and the class has seen growth since Hallie brought her Faith forward into the class. It is a wonderful example of how Faith can deepen community. One of the highlights was a mother mentioning that she and her daughter have begun attending that class together because the space is so family-friendly.

YMCA CAMP MENOGYN

An update from Noah Gulley, Director of Christian Mission

I had the privilege not only of visiting the beautiful YMCA Camp Menogyn and venturing out into the Boundary Waters, but also of doing so with visitors from the Osaka YMCA and making some new friends! It was such a pleasure to see one of our camps up close and how impactful they can be in creating long-lasting relationships. There is a strong sense of community that comes from a long canoe trip, a hike, and a trail lunch, all while experiencing God's creation. It is a place where our mission really comes to life. When I think of our mission, "To put Christian principles into practice through programs that build a healthy spirit, mind, and body for all," I am fortunate to witness our experienced camp staff exhibit an incredible amount of community, service, and care. It is truly astounding to see the experiences that these young people have by visiting Camp Menogyn, and even the small experience that a few of us had from spending just one day at the Camp. Our Y is truly impacting so many lives through the wonderful work and experience of places such as Camp Menogyn.





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UPDATES



YMCA COMMUNITY PRAYER MEETINGS

Our goal is to build communities of prayer that pray for the Y, pray for one another, and pray for the community they serve.

Elk River YMCA – First Wednesday of each month at 12 p.m.

Hastings YMCA – Second Tuesday of every month at 10 a.m.

Emma B. Howe YMCA – Weekly, Mondays at 9:30 a.m.

More to come soon!

CHRISTIAN BOOK CLUB

Location: Ridgedale YMCA, Healthy Living Center, Multi-Purpose Conference Room
All are welcome. Open to all metro YMCAs.

Our first book: Amy Carmichael: Beauty for Ashes (2015), by Iain Murray. "Amy Carmichael (1867-1951) was a missionary and author who spent over fifty years of her life without returning home serving mainly low caste girls and boys in South India" (Murray).

Date: Saturday, October 4, 2025

Time: 9:00 am

Hosts: RDY members, Terry & Lee-Ann Stephens

Questions: Contact Terry, tstephens@plbc.org, 952.334.7915.

CHAPLAIN

The YMCA of the North's Volunteer Chaplaincy program is just one way in which we connect our rich history with how we are engaging our communities today. The Chaplaincy Program at the Y of the North is dedicated to supporting the spiritual well-being of all individuals within our community, regardless of religious affiliation. The purpose of the volunteer chaplaincy program is to encourage spiritual health and demonstrate love and care to all individuals within the YMCA community.

If you are interested in becoming a YMCA Volunteer chaplain, please contact
noah.gulley@ymcanorth.org

CHURCHES IN YMCA LOCATIONS

Elk River– The WHY Church

White Bear– Catalyst Covenant Church

NEW Southdale– Garden City Church, a group of house church plants will be meeting once a month in our Southdale YMCA to come together as a larger community.

MEN'S BIBLE STUDY

Shoreview YMCA– Men's Bible study going through the book of Romans meets Thursdays at 9 a.m.