



BUDDY TRAINING PACKAGES

Enjoy concentrated attention as you work together with a friend or partner to reach shared fitness goals. Buddy packages are for 2-3 participants.

ONE-TIME INTRO PACKAGES*

	YMCA MEMBERS — PER PERSON	
30 Minute	Per Package	Per Person/Session
4 sessions	\$140	\$35
60 Minute	Per Package	Per Session
4 sessions	\$180	\$45

REGULAR PACKAGES*

	YMCA MEMBERS — PER PERSON		NON-MEMBERS — PER PERSON	
30 Minute	Per Package	Per Session	Per Package	Per Session
1 session	\$39	\$39	\$61	\$61
6 sessions	\$222	\$37	\$354	\$59
12 sessions	\$396	\$33	\$672	\$56
60 Minute	Per Package	Per Session	Per Package	Per Session
1 session	\$49	\$49	\$72	\$72
6 sessions	\$282	\$47	\$414	\$69
12 sessions	\$528	\$44	\$792	\$66
20 sessions	\$840	\$42	\$1,280	\$64



Packages must be paid in full at time of purchase and are valid for one year from the date of purchase. Intro Packages are available one time per member only. All packages are priced per person and cannot be shared with another individual.

Listed prices are per participant.

