



JULY 2026



Your Guide to Events and Activities at the Andover YMCA & our community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CURRENT NEWS Hastings Y Duck Race - July 19th Join your fellow Members & Y Staff for a fun time racing on the Vermillion River. Scan the QR Code for more details & fees.  			 1 SGW Demo Class: Circuit Strength @ 5:15 PM SGW Demo Class: Pilates Reformer @ 6:30 PM	 2 World UFO Day Kids Stuff Club Y @ 9:45 AM	3 	 4 the Y is CLOSED
 5	6	 7 Kids Stuff Club Y @ 9:45 AM & 6 PM Andover Farmers Market (Riverdale Church) @2 PM	8 SGW Demo Class: Circuit Strength @ 5:15 PM SGW Demo Class: Pilates Reformer @ 6:30 PM	9 Kids Stuff Club Y @ 9:45 AM 	10 	 11 Kids Stuff Club Y @ 9:30 AM
12	 13	 14 Kids Stuff Club Y @ 9:45 AM & 6 PM Andover Farmers Market (Riverdale Church) @2 PM @ 5:30 PM ACC ICE ARENA \$7 ADMISSION PAJAMA PARTY!	 15 National Hot Dog Day SGW Demo Class: Circuit Strength @ 5:15 PM SGW Demo Class: Pilates Reformer @ 6:30 PM	16 Kids Stuff Club Y @ 9:45 AM	Andover Family Fun Fest	



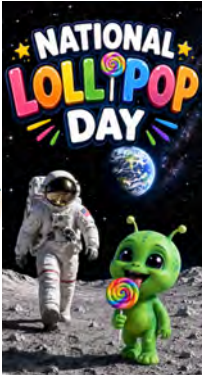




MONTHLY COMMUNITY GUIDE

ACTIVITIES & EVENTS

JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OTHER NEWS  Volunteers Wanted Scan the QR code to learn more about being a vital part of our community  Now Offering NinjaZone Classes Ages 3-10 years old MON, WED, SAT Ninja Demo Classes Available Details at the Front Desk 					17 	18 Kids Stuff Club Y @ 9:30 AM
19  	20 	21  Andover Farmers Market (Riverdale Church) @2 PM Kids Stuff Club Y @ 9:45 AM & 6 PM	22 SGW Demo Class: Circuit Strength @ 5:15 PM SGW Demo Class: Pilates Reformer @ 6:30 PM	23 Kids Stuff Club Y @ 9:45 AM 	24 	25 Kids Stuff Club Y @ 9:30 AM 
26 Anoka County Fair	27 Kids Stuff Club Y @ 9:45 AM & 6 PM Andover Farmers Market (Riverdale Church) @2 PM	28 Kids Stuff Club Y @ 9:45 AM & 6 PM Andover Farmers Market (Riverdale Church) @2 PM 	29  SGW Demo Class: Circuit Strength @ 5:15 PM SGW Demo Class: Pilates Reformer @ 6:30 PM	30 Kids Stuff Club Y @ 9:45 AM 	31	

AROUND ^{the} ANDOVER



July Kids & Family Arts & Crafts Activities

July 14th
All American
Pet Photo Day
Frame Craft

July 20th
Moon Landing
Spaceship Craft

July 24th
Amelia Earhart
Airplane Craft

Pick up your Craft Activity
Sheet at Member Services



CELEBRATE LIKE A NINJA!

Book an unforgettable NinjaZone Birthday
Party at the Andover YMCA

Connect with a Specialist Today to
plan your next Event at the Y.
Visit member services & speak with





PAJAMA PARTY

Join Andover Skate School Director, Ashley and coaches
for a Family Fun Ice Skate Night!



ANDOVER
COMMUNITY CENTER
SPORTS COMPLEX
ICE ARENA



TUESDAY,
JULY 14, 2026



5:30 PM - 7:00 PM



\$7 ADMISSION



FREE SKATE RENTAL
AVAILABLE DURING
FAMILY FUN NIGHT
SKATE NIGHTS





Wear your favorite pajamas and slippers! Receive tips to improve skating skills,
enjoy refreshments, music, and prize drawings for youth ages 15 and younger.



EVENT SPONSORED BY AHYHA AND
ANDOVER COMMUNITY CENTER
15200 HANSON BLVD NW • ANDOVER, MN

WWW.ANDOVERMN.GOV/ACC



AROUND THE YMCA OF THE NORTH



Y WE BIKE FALL COLOR RIDE

— YMCA CAMP NORTHERN LIGHTS —



Join us for a scenic bike ride on the Mesabi Bike Trail, take in the Fall Colors, ride with a supportive group of people, and enjoy the Beauty of YMCA Camp Northern Lights!



YMCA CAMP
NORTHERN
LIGHTS



RIDE FOR FUN. BUILD Y COMMUNITY. ADVENTURE.



DATES

September
10th - 13th,
2026



LOCATION

YMCA Camp
Northern Lights
Babbitt, MN



RIDE INFO

25-55 Mile Routes
Ely to Eagle Nest 26 rt
or Ely to Tower 55 rt



ACCOMMODATIONS

Full Facility Cabins
Meals Included
Lunch and Dinner



ADULTS 21+



ENJOY

Fall scenery, hiking,
MTB trails at camp,
and wellness
offerings

REGISTRATION

\$350
MEMBERS

\$400
NON-MEMBERS



Participants of
Y We Bike Southdale
get Priority
Registration.



COME FOR THE RIDE. STAY FOR THE COMMUNITY.

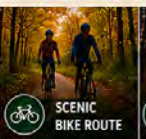
REGISTER TODAY!



FULL FACILITY
CABINS



GREAT COMPANY



SCENIC
BIKE ROUTE



RELAX. CONNECT.
MAKE MEMORIES.

Questions?



Jennifer Northrup
jennifer.northrup@ymcamn.org



612-230-3477

Upcoming Events

BREAKAWAY

SPLASH AND DASH

BreakAway Family Splash & Dash

August 21, 2026

3:00pm-6:30pm

Elm Creek Park Reserve

BREAKAWAY

KIDS TRI

BreakAway Kids Tri

August 21, 2026

9:00am-12:00pm

Elm Creek Park Reserve

RESILINATOR

BY YMCA OF THE NORTH

Resilinator 2026

October 24, 2026

10:40am-3:00pm

Hyland Lake Park Reserve



PIZZA NIGHT

— on the Farm —



- Build your own pizza
- \$15 cheese, sauce & crust
- Toppings extra
- BYOB



6/11 4-8 • 6/25 4-8 • 7/9 4-8 • 7/23 4-8 • 8/6 4-8 • 8/20 4-8 • 10/10 2-7



SUPPORTING 7000+ LBS OF FRESH PRODUCE GROWN AND DONATED TO LOCAL ORGANIZATIONS



345 Riverview Drive,
Hudson, WI 54016

The Y's mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

SPIRITUAL VITAMINS



THEME FOR JULY: PATIENCE

"Adopt the pace of nature: her secret is patience."

— Ralph Waldo Emerson

Visit the branch throughout **July** to explore this month's Spiritual Vitamins theme: **Patience**. Be sure to stop by Member Services or the Lobby area to treat yourself to 20 additional Spiritual Vitamins featuring uplifting scripture, quotes, encouragement, and reflection opportunities available all month long.

WOULD YOU LIKE PRAYER?

The YMCA of the North Christian Mission Network would love to pray for you. Please scan below to submit a prayer request.

If you would like to join our prayer community scan the QR code as well.



HELLO JULY!

SUNNY DAYS • HAPPY HEARTS • STRONG COMMUNITIES



LET'S MAKE THIS MONTH AWESOME!



MAKE TIME FOR FUN



SPEND TIME WITH FRIENDS



TRY NEW THINGS



MAKE MEMORIES



CHOOSE POSITIVITY

Shop Local • Eat Fresh • Support Our Community

The Andover FARMERS' MARKET

TUESDAYS 2 PM - 6 PM
MAY 7 - OCTOBER 29

LOCATED IN THE PARKING LOT OF
RIVERDALE CHURCH
 3210 BUNKER LAKE BLVD NW, ANDOVER, MN

SEE WHAT THESE LOCAL GROWERS HAVE FOR YOU!



RAMSEY PARKS AND RECREATION

The Draw Summer CONCERT SERIES 2026

FREE • GREAT MUSIC • FUN

Thursday Evenings • 6:30-8:00 p.m.

The Draw Park & Amphitheater
 7401 Ramsey Parkway, Ramsey, MN

Final concert Aug. 20 includes the
 Trott Brook Financial Benefit Bash.

Scan for full lineup & details
cityoframseymn.gov/278/The-Draw-Summer-Concert-Series

June 18 Rhino • June 25 Church of Cash • July 2 Shirts & Skins • July 9 The Cyclones • July 16 The Holy Rocka Rollaz
 July 23 Country Roads • July 30 Zero Below • Aug 6 ABBA Solutely Fab • Aug 13 Junk FM • Aug 20 Songs of the South



Ramsey Lions Club Events

Green Valley GREENHOUSE Growing Today for a Greener Tomorrow

VISIT OUR GREENHOUSE!

Scan the QR code to learn more!

Tiny Tikes Tuesdays- Bee Rock Painting
 Jul 14, 2026 | 10:00 AM - 2:00 PM

Tiny Tikes Tuesdays- Paint and Plant a Pot
 Jul 07, 2026 | 10:00 AM - 2:00 PM

Tiny Tikes Tuesdays- Enchanted Forest Fairy...
 Jul 21, 2026 | 10:00 AM - 2:00 PM

6530 Green Valley Road
 Ramsey, MN 55303
 (763) 753-1621

FUN, CREATIVE, AND NATURE-FILLED ACTIVITIES FOR KIDS! We can't wait to grow with you!



SUMMER -CONCERT SERIES-

COON RAPIDS Minnesota

Thursday Nights June 4 - August 6
 All Concerts begin at 7 p.m.

Coon Rapids Dam Regional Park
 9750 Egret Boulevard

Free live music all summer long!

Scan for full lineup & details
coonrapidsmn.gov/1309/Summer-Concert-Series

2026 LINEUP
 June 4 Naked Cowboys • June 11 Backyard Band • June 18 Pirates, Guitars & Beachfront Bars • June 25 Small Town Radio • July 9 Holy Rocka Rollaz • July 16 LP & the 45's • July 23 Red Letter Band • July 30 The New Riverside Ramblers • August 6 Revolution 5

No concert July 2



Vision Screening Event

Anoka County Fair

July 21-26

Scan for details!

Scan to visit the website

FAMILY FUN & LEARNING

JULY FUN FACTS

- July is named after Julius Caesar, one of the most famous leaders in Roman history.
- 2026 marks the 250th anniversary of American independence.
- July is National Ice Cream Month.
- July's full moon is known as the Buck Moon because male deer begin growing new antlers during this time.
- On July 20, 1969, astronauts from Apollo 11 Moon Landing became the first humans to walk on the Moon.



AWARENESS FOR JULY

Some major awareness observances in July include:

- National Parks and Recreation Month
- National Minority Mental Health Awareness Month
- Social Wellness Month
- National Make a Difference to Children Month
- UV Safety Awareness Month
- National Picnic Month

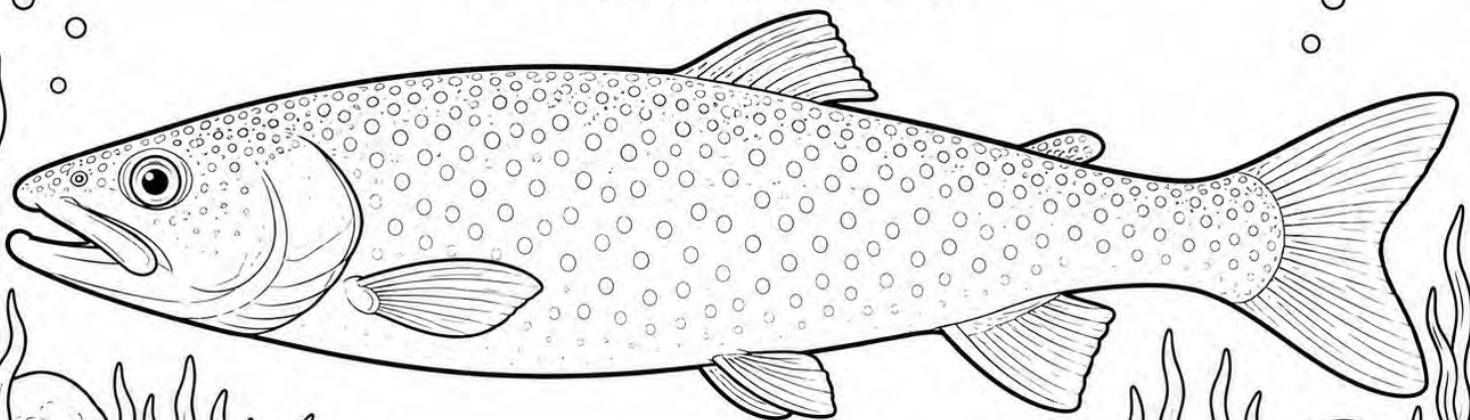


FISH OF THE MONTH!

July 2026

LAKE TROUT

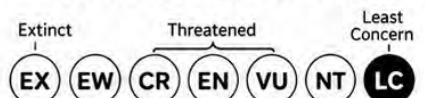
(*Salvelinus namaycush*)



FUN FISH FACTS!

- 🐟 Lake Trout and other Trout species change color during spawning!
- 🐟 Lake trout live in cold, deep lakes called oligotrophic lakes!
- 🐟 The record Lake Trout weighed 105 pounds!

CONSERVATION STATUS



LEAST CONCERN (IUCN 3.1)^[1]



FOR YOUTH
DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL
RESPONSIBILITY

Thank You!

We appreciate our members, program participants, volunteers, and community partners. Together, we make our community **stronger!**



STAY CONNECTED



ymcanorth.org



facebook.com/YMCANorth



[@ymca_north](https://instagram.com/@ymca_north)



[@YMCANorth](https://youtube.com/@YMCANorth)

We're Here For You!

Have a question? Need assistance? Reach out!



CUSTOMER SERVICE

651 Nicollet Mall Suite 500
Minneapolis, MN 55402



612-230-9622



customerservice@ymcamn.org



Stronger Together. Brighter Together.



ANDOVER YMCA COMMUNITY CENTER



15200 Hanson Blvd. NW
Andover, MN 55304



Hours

Monday - Friday: 5 AM - 9 PM
Saturdays - Sundays: 7 AM - 8 PM



763-230-9622



ymcanorth.org/andover

SCAN TO VISIT
OUR WEBSITE!



THE YMCA MISSION

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

*Everyone
is Welcome Here.*

FINANCIAL ASSISTANCE

The Y is for everyone. Financial assistance is available based on need. Ask us how we can help.