



May 30, 2026

Dear Midway Y Community Members,

Have you ever stopped to think about the role you play in someone else's story?

It's not always something we see in big or obvious ways. More often, it shows up in small, everyday moments — the ones that matter more than we realize.

We see these moments brought to life every day here at the Richard M. Schulze Family Foundation Midway YMCA: A child building confidence in the pool. A family receiving support when they need it most. A teen trying something new and discovering what they're capable of. A senior reaching a fitness goal surrounded by people who've become dear friends.

These moments may seem simple, but together, they tell a much bigger story about what it means to belong and be part of a community. And they don't happen without supporters like you.

At our Y, the doors are always open — to friendship, resilience, health, and a sense of belonging. Every day, people walk through our doors looking for community, support, movement, or simply a place where they feel they belong, and it is inspiring to see how our members, staff, and partners like you continue to create that welcoming spirit together.

Reflecting on the first part of the year, I'm excited to share a few highlights and updates made possible through your ongoing partnership:

- Over the past year, we have continued to expand our reach and impact, with **16,000 seniors** engaged through ForeverWell programs and classes and **more than 150 children** participating in early childhood programs.



- In addition, construction began last fall on the highly anticipated **Peter J. King Family Foundation Child and Family Wellbeing Center**, which is set to open in late August, and will support up to 400 families.



- Our main branch celebrates its **10th anniversary** this year since its opening in 2016 and has been officially renamed the Richard M. Schulze Family Foundation St. Paul YMCA.
- This summer brings exciting momentum, as **Summer Power** will serve 50 school-age children daily from our main facility while the new center nears completion.



- Programmatic growth remains especially strong among **seniors and families**. With recent changes to Blue Cross Blue Shield coverage, many older adults are turning to the Y to maintain **connection, wellness, and routine**, while the opening of the new center is expected to significantly increase participation in **early childhood and school-age care programs**.



- Donor generosity has played a critical role in ensuring access for all through **scholarship assistance**, helping families afford daycare so parents and caregivers can work, along with allowing seniors to remain active and connected at the Y after losing insurance-based memberships. In the months ahead, ongoing support will be essential in continuing to **expand access to our offerings and programs** for seniors, youth, and families.



- We are especially proud to be part of one of the **largest and most diverse YMCAs in the Twin Cities**, stories like that of one of our new members — a mother rebuilding her life after relocating with her son, who shared that the Y provided them with a place to belong, rebuild, and become active again.



Behind each of these bullet points are real people and real stories, and your support as a donor plays a role in every single one. That's the kind of impact that doesn't always make headlines, but it's felt every day in the lives of those we serve.

And now, as we head into summer, my team and I are excited to keep building on this momentum — creating more opportunities, deepening connections, and continuing to show up for our Midway Y community in the ways that matter most.

Thank you for being an important part of our story. We're so grateful to have you alongside us through every chapter, and we can't wait to see what we'll make possible together in the months and years ahead!

Wishing you a bright and memorable summer,

David Dominick, Executive Director

Ernest Kaehler, Senior Operations Director