



May 30, 2026

Dear North Community Y Friends & Partners,

Have you ever stopped to think about the role you play in someone else's story?

It's not always something we see in big or obvious ways. More often, it shows up in small, everyday moments — the ones that matter more than we realize.

We see these moments brought to life every day here at the Harold Mezile North Community YMCA: A child building confidence in the pool. A family receiving support when they need it most. A teen trying something new and discovering what they're capable of. A senior reaching a fitness goal surrounded by people who've become dear friends.

These moments may seem simple, but together, they tell a much bigger story about what it means to belong and be part of a community. And they don't happen without supporters like you.

Because of your generosity, people walk through our doors and feel welcomed, inspired, encouraged, and cared for — sometimes at exactly the moment they need it most.

Reflecting on the first part of the year, I'm excited to share a few highlights and updates made possible through your ongoing partnership:

- Over the past year, our Y has continued to meet essential needs in our community, **servicing more than 42,000 healthy meals and snacks** that fuel youth with the nourishment they need to learn, grow, and thrive.
- **1,000+ individuals of all ages, from infants to seniors, learn lifesaving water safety skills** throughout the year, helping ensure our community is safer and more confident around water.



- Our ForeverWell program remains a vital source of connection and wellbeing, with **165 senior visits logged weekly**. Through these visits, older adults are improving their health, building community, and sharing joy and inspiration across all parts of our Y.

- More than **150 youth participated in our summer programs** last year, and at our back-to-school event, **1,000+ backpacks were distributed** in collaboration with over **20 local agencies and businesses** to ensure students were ready to succeed. We are looking forward to providing a safe, engaging space for another large group of kids and teens this summer, while again helping prepare them for the start of school in the fall.



- We are excited to launch a **youth program network for middle and high school students** this summer as well, in partnership with several Northside youth-serving organizations. These programs will provide fun and enriching opportunities that **build leadership, interpersonal, and group work skills** — helping prepare young people for the workforce and their futures.
- We are also creating opportunities to **connect seniors with middle school students through STEM programming**, where youth will help older adults learn about technology, including digital tools like texting, to foster meaningful intergenerational relationships and shared learning.
- Donor support **continues to be instrumental in advancing our mission** — helping expand access to water safety programs, provide affordable childcare, and directly support youth and families.

Behind each of these bullet points are real people and real stories, and your generosity as a donor plays a role in every single one. That's the kind of impact that doesn't always make headlines, but it's felt every day in the lives of those we serve. And now, as we head into summer, my team and I are excited to keep building on this momentum — creating more opportunities, deepening connections, and continuing to show up for all those we serve at the North Community Y in the ways that matter most.

Thank you for being an important part of our story. We're so grateful to have you alongside us through every chapter, and we can't wait to see what we'll make possible together in the months and years ahead!

Wishing you a bright and memorable summer,

*Mary Britts*

Mary Britts, Vice President of Community Impact