



May 30, 2026

Dear Hudson Y Community Members,

I want to personally thank you for your support of the YMCA in Hudson. Your generosity truly makes a difference in our community, and I am incredibly grateful for the role you play in helping us live out the YMCA mission every day.

Because of supporters like you, our Y is able to serve people at every stage of life — from youth discovering their potential, to families building healthy habits together, to seniors staying active, connected, and engaged in our community. It is no exaggeration to say that the impact of your support extends far beyond the walls of our building.



Just this past week, we saw donor dollars in action. A young family facing a medical crisis significantly affecting their dad's health came to our Y looking for support. Thanks to donor-funded financial assistance, we were able to provide them with a family membership. They now have a safe place to unwind, be together, discover wellbeing opportunities, and find moments of normalcy while the dad completes the next 6–9 months of medical treatments. **This** is how our Y shows up every day — in large part because of generous folks like you.



In addition to our scholarship offerings that ensure our Y remains accessible to all, one of the programs that continues to inspire me and many others is Youth Action Hudson, our YMCA youth volunteer program. Through this initiative, more than 120 high school students have stepped forward to give back to their community, contributing over 2,500 hours of volunteer service. Watching these young leaders show up, support others, and develop a lifelong commitment to service is a powerful reminder of what community truly looks like.

Your generosity is also helping us continue to grow and evolve to meet the needs of our members. Thanks to several legacy gifts focused on facility and programming enhancements, we are

thrilled to have just opened two new spaces: a pilates reformer studio and a sports and golf simulator area. These additions will create extra opportunities for members of all ages and abilities to stay active, learn and practice new skills, and connect with others.

As we head into summer, my team and I are excited to keep building on this momentum — creating more opportunities, deepening connections, and continuing to show up for our Hudson Y community in the ways that matter most.



Thank you for being an important part of our story as a friend and partner. We're so grateful to have you alongside us through every chapter, and we can't wait to see what we'll make possible together in the months and years ahead!

Wishing you a bright and memorable summer,

A handwritten signature in black ink, appearing to read 'Chris Kost'.

Chris Kost
Executive Director, YMCA in Hudson