



May 30, 2026

Dear Hastings Y Community Members,

Have you ever stopped to think about the role you play in someone else's story?

It's not always something we see in big or obvious ways. More often, it shows up in small, everyday moments — the ones that matter more than we realize.

We see these moments brought to life every day here at the YMCA in Hastings: A child building confidence in the pool. A family receiving support when they need it most. A teen trying something new and discovering what they're capable of. A senior reaching a fitness goal surrounded by people who've become dear friends.

These moments may seem simple, but together, they tell a much bigger story about what it means to belong and be part of a community. And they don't happen without supporters like you.

At our Y, the doors are always open — to friendship, resilience, health, and a sense of belonging. Every day, people walk through our doors looking for community, support, movement, or simply a place where they feel they belong, and it is inspiring to see how our members, staff, and partners like you continue to create that welcoming spirit together.

Reflecting on the first part of the year, I'm excited to share a few highlights and updates made possible through your ongoing partnership:

- Our Y continues to be a place where our community grows stronger every day. Over the past year, we have expanded access to **life-saving swim lessons and therapeutic aquatics**, helping individuals of all ages build confidence, learn safety, and improve health in the water.
- We remain deeply committed to ensuring **everyone has access to a healthy, connected life — regardless of financial circumstances**. Donor-supported scholarship assistance is especially crucial in removing barriers for seniors and families, ensuring they can stay active, engaged, and connected through our wellness offerings, aquatics, and community activities.



- Families continue to find meaningful connection at the Y through programs like **Kids Stuff, swim lessons, and family nights** that bring people of all ages together for laughter, shared experiences, and lasting memories in a safe, inclusive, and supportive environment.
- This summer, we are excited to offer a wide range of youth and family programming, including **Day Camp Spring Lake** at Hastings Spring Lake

Park Reserve, where kids build confidence and skills in a beautiful outdoor setting, in addition to our **Summer Power programs** that keep youth active through swimming, games, field trips, and STEAM-based learning.

- Programmatic growth has been especially strong in our **senior programming**, with expanded offerings such as group fitness and balance classes, social gatherings, Lunch & Learns, Walks with the Doc, healthy lifestyle groups, plus new “Coffee & Chat” gatherings. These opportunities help foster connection and belonging, reduce isolation, support healthy aging, and empower participants in a variety of ways.
- Our team remains incredibly proud to be part of the Hastings community and to **serve alongside our members, families, and volunteers**. This spirit of teamwork and connection was on full display through our partnership with **Hastings Reads**, where we welcomed more than 100 community members to celebrate literacy, learning, and belonging — demonstrating the power of coming together to build a stronger, healthier, and more connected community.



Behind each of these bullet points are real people and real stories, and your support as a donor plays a role in every single one. That’s the kind of impact that doesn’t always make headlines, but it’s felt every day in the lives of those we serve.

And now, as we head into summer, my team and I are excited to keep building on this momentum — creating more opportunities, deepening connections, and continuing to show up for our Hastings Y community in the ways that matter most.

Thank you for being an important part of our story. We’re so grateful to have you alongside us through every chapter, and we can’t wait to see what we’ll make possible together in the months and years ahead!

Wishing you a bright and memorable summer,

A handwritten signature in black ink that reads "Teresa Moes".

Teresa Moes, Executive Director, YMCA in Hastings