



May 20, 2025

Warmest greetings, Friend and Partner of the Woodbury Y,

Speaking of warm, it's hard to believe we're quickly approaching the start of summer! Doesn't it feel like just yesterday that we were pulling our heavy coats, mittens, and hats from storage?

Well, just as quickly as the seasons seem to turn here in Minnesota, our work here at the Woodbury YMCA is also continually evolving to meet the needs of our community. And now that the winter gear is again out of sight and we eagerly greet summer, we are taking time to reflect on the progress we've made so far in 2025 and want to share a bit about what you can look forward to in the second half of the year.

Let's dive into some updates, shall we?

- Our **Youth Center** continues to thrive as a safe, fun, and engaging space for kids and teens to spend time in after school. This summer, we look forward to welcoming many young people ages 2-11 for our **Summer Power** and **Summer Power Preschool** programs.
- Also happening **this summer**: Parking lots will be redone, the front entrance will get a facelift, and the construction project will finally finish up (YAY!). We look forward to hosting some fun **member appreciation days** as well – hope to see you there!
- Over the last year, we have **expanded several of our programs** in response to member needs and interests, including sports, aquatics, and Kids Stuff. We are also continuing to add group exercise classes and small group wellbeing sessions, as those have been in high demand. Identifying ways to grow our **ForeverWell** programming remains a priority as well.
- Overall, we are very proud of the **nurturing, inclusive space** our team has created and continues to maintain – one that's dedicated to supporting the mind, body, and spirit of individuals of all backgrounds and ages in our community. We strive to be a place where members can find a **balanced approach to health** through a variety of services and programs that focus on holistic, whole-person wellness. We love being part of this important work!
- All of us at the Y work hard to ensure those facing financial hardship have access to all that we offer so that cost is never a barrier, which wouldn't be possible without **donor-supported scholarship assistance**. From fitness and health resources to life-changing programs like our Parkinson's class, we are dedicated to giving families and individuals the opportunity to **heal, grow, and thrive** no matter what challenges they are presented with. Stories of progress and gratitude from our members highlight the **real impact** that support from **generous folks like you** makes every day.

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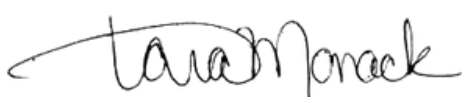
Ongoing support from partners like you is the driving force behind these achievements, our plans for the future, and so much more. Your inspiring commitment helps us grow and adapt our programs so that no community member has to question whether the Woodbury Y is a place for them.

We are beyond grateful to have you by our side in this important work, positively impacting many lives in many ways.

As we plan for the future, we're excited to keep you updated on our journey as we create new ways to foster wellbeing and strengthen our community.

Once again, thank you for being a vital part of why and how we carry out our mission each day. We wish you a fantastic summer ahead and can't wait to see all the good we'll accomplish together in the months and years to come!

With deep gratitude,



Tara Monack
Executive Director



Teresa Moes
Associate Executive Director

