

**YMCA CAMP DU NORD**  
2026 LEADERSHIP DEVELOPMENT PROGRAM

**What to Bring and What Not to Bring to Camp**

LDP's can expect to spend some time out on trail but the majority of time will be spent in camp. You should come prepared for both. We expect you to wear family camp appropriate clothing!

- Clothing and Toiletry**
- Typical camp clothing (they will get dirty)
  - Swimsuit
  - Everyday toiletries
  - Hand, bath and beach towels
  - Face cloths

- Outerwear**
- Trail hat and sunglasses for protection from the sun
  - Winter hat for cold nights on trail
  - Rain Gear
  - Warm gloves
  - Warm clothes (layers are best, polypropylene, wool work well)

- Footwear**
- Shoes/boots that you can hike in and get wet.
  - One pair of lightweight shoes (tennis shoes, sandals with a backstrap etc.) for in-camp and evenings on trail.
  - 1-2 pairs of wool socks for trail

- Bedding**
- Warm sleeping bag (camp has a limited amount available)  
or
  - Single-sized twin long sheets and blankets. (It may be cold on trail and in your cabin at night, so be prepared)
  - Pillow, for in-camp use.

- Miscellaneous**
- |                               |            |
|-------------------------------|------------|
| Book/Journal                  | Sunscreen  |
| Camera (ideally not on phone) | Flashlight |
| Musical Instruments           | Watch      |
| Pocketknife (trail use only)  |            |
| Insect Repellent              |            |
| Backpack                      |            |

- Do Not Bring**
- Clothing with inappropriate language or labels
  - Animals
  - Weapons (pocketknives are ok)
  - Personal Vehicles
  - Personal Recreation Equipment (contact du Nord staff for specifics)
  - Alcohol, Drugs, Drug Paraphernalia
- Cell Phones are expected to be used minimally and only in LDP housing.

*\*If you have any questions, please call our Camp Office at 218-365-0365 or email Hannah Loeffler-Kemp at [Hannah.loeffler-kemp@ymcanorth.org](mailto:Hannah.loeffler-kemp@ymcanorth.org)*