# **Little Seeds Nature Preschool FAQs**

# What should my child bring each day?

Your child should come dressed in weather appropriate clothing and footwear each day. In their backpack they should have a water bottle, tennis shoes, and a change of clothes. Full-day students should also bring a lunch.

# Are there any special eligibility requirements?

We are requiring that all children be independent with their potty skills upon enrollment in the program. Children also need basic safety awareness skills. Be sure to review our "Basic Safety Awareness Skills for Preschoolers" Form.

# What does potty trained mean at Little Seeds Nature Preschool?

At Little Seeds, potty trained means; being able to indicate needing to use the bathroom with teacher reminders and support, pulling pants and underwear down and back up with minimal to no support from teachers, wiping independently, getting on and off a full-size toilet with the support of step stools, washing hands with soap and water, and no use of pull-ups during class and rest/nap time.

#### Do you provide food?

All participants will get healthy snacks during their day. Morning snacks are provided for half day preschoolers. Full day preschoolers will receive morning and afternoon snack. Families provide lunch.

# My child has allergies/special dietary needs, can you accommodate them?

If your child has any dietary restrictions, please be sure to speak with the teacher and indicate any restrictions/allergies in your registration paperwork. Our program is nature-focused, requiring children to be outside the majority of their day. Please keep this in mind if your child suffers from severe seasonal allergies.

# What happens during bad weather?

We embrace the idea that there is no such thing as bad weather, just bad clothing! We appreciate that changing weather helps children develop resiliency. We find when children are dressed appropriately for the weather, they enjoy rain, snow, and mud just as much as sunshine.

When weather does not support a full session of outdoor learning, we may modify class in the following ways:

• **Significant Cold/Wind Chill:** In significantly cold, we follow a sliding scale of wind and temperature developed by the National Weather Service to determine the appropriate amount of time to spend outdoors. Some winter days may result in shorter outdoor visits or more time spent in the heated high tunnel garden to help balance safety and fun. <a href="https://www.weather.gov/safety/cold-wind-chill-chart">https://www.weather.gov/safety/cold-wind-chill-chart</a>

• **Storms:** In the event of a thunderstorm, we will remain in the classroom for 30 minutes after the last lightning strike or boom of thunder. Time spent inside may include investigation stations, stories, journaling, nature themed activities, or free play.

# Will my child be ready for kindergarten?

Nature Preschools have the same child development goals as other high-quality preschools, but the curriculum and teachers achieve these developmental goals through nature-based experiences.

At Little Seeds we promote open-ended child-initiated play. We prepare and develop your child's foundational skills by instilling an early love of learning through inquiry-led and hands-on approaches. We emphasize curiosity and guide students in finding answers to their own questions. Nature Preschool staff are knowledgeable of the Wisconsin and Minnesota Early Learning Standards and incorporate opportunities for children to engage in these skills throughout the week.

Our outdoor classroom includes nature-inspired exploration of music, art, science, math, literacy, dramatic play, and opportunities to practice both fine and large motor skills. Time spent at the farm and hiking through various habitats promote development in observation, self-regulation, and risk assessment. Weekly nature journaling allows for practice in reflection, writing, and drawing. All of these skills combine to provide an outstanding foundation for holistic growth and grade school readiness.

# What curriculum will you be using?

Little Seeds uses an integrated approach to curriculum. As teachers we will be facilitators of learning, taking our lead from the interests of our students. We thrive on seasonally-relevant themes, child-led interests, and emergent curriculum. Emergent curriculum evolves directly from what is relevant, interesting, and meaningful to the students. Using an inquiry-based teaching model, children are able to wonder and ask questions about discoveries and observations. It is then then job of the teacher/guide to provide students with materials and hands-on explorative opportunities in order for them to form their own reasoning and theories. Through interest-led, experiential learning, a deeper understanding takes place that is meaningful to the child. Indoor and outdoor activities are designed to expand on the interests of the children and reflect what is going on in the world around them. Research shows us that if a child is interested in a topic then they will internalize so much more about a subject.

We believe that all children develop at their own pace and that they learn through play, our program is set up to meet those fundamental needs. With our small class sizes, teachers can really focus on each child's needs. The social and emotional support we are able to provide to children is our greatest benefit. Laying the foundation for "root" skills that all of us need to thrive within our communities.

# Is Little Seeds Nature Preschool a licensed program?

Little Seeds Nature Preschool and YMCA Camp Daycroix are licensed childcare programs under the State of Wisconsin childcare licensing standards.

# Can your program accommodate children with special needs?

We have an accommodations process that enables us to work with families to determine if we can safely meet the needs of participants. We will discuss possible solutions and determine if we can provide a safe environment that fosters learning and a positive experience for all.

# What if we choose to withdraw from the program?

Registering for preschool means that your child will be enrolled for the entire school year or the balance of the year. If a family chooses to withdraw a child from the program, we require a two-week written notice and two-week advanced tuition payment. The Registration fee is non-refundable.

#### Can I come for a tour and meet the staff?

Absolutely! Email lane.underdahl@ymcanorth.org

#### Is there financial support available?

Yes! As always, we never want to turn anyone away because of their financial situation. Please consider reaching out for financial assistance before choosing to cancel, we want students to be able to experience what Little Seeds Nature Preschool has to offer: <a href="https://www.ymcamn.org/scholarships">https://www.ymcamn.org/scholarships</a>.

# I am interested in volunteering or donating needed items to Little Seeds. How can I help?

We are always looking for ways to improve access and experiences for our littlest learners in the community. Quality outdoor gear, wooden toys, child-size tools, gardening equipment, and funds for expansion projects are just a few of the ways you can leave an impact on Little Seeds Nature Preschool for our current and future students and families. Please email <a href="mailto:lane.underdahl@ymcanorth.org">lane.underdahl@ymcanorth.org</a> for more information on donating!