



MENOGYN SUMMER 2025

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NOTE ON GENDER AT MENOGYN: YMCA of the North's camping programs welcome all participants into our programming including transgender, gender non-conforming, gender non-binary, and other gender expansive campers. Campers who identify with any of these categories are always welcome to register for our single gender trips according to where they feel most comfortable. Additionally, we offer several all gender trips to better serve this population of young people. Our all gender trips are open to any camper seeking a trail experience less defined by gender, regardless of the gender identity they hold.

Please note that not all sessions have offerings for Boys, Girls, and All Gender trips. You will see the available offerings next to the trip dates listed below.

CANOEING

INTRO TO CANOEING: BOUNDARY WATERS

Entering grades 7-8

This is a great opportunity for younger campers to experience Menogyn Magic for the first time. Campers will prepare for their trip in camp and then spend two nights and three days on trail exploring the beautiful Boundary Waters Canoe Area Wilderness. Everyone will have fun learning how to paddle, portage, and set up camp.

Date	# Days	Fees
June 23-27 (Boys/Girls/All)	5	\$800
June 30-July 4 (Boys/Girls/All)	5	\$800
July 7-11 (Boys/Girls/All)	5	\$800
July 14-18 (Boys/Girls/All)	5	\$800
July 21-25 (Boys/Girls/All)	5	\$800
July 28-Aug. 1 (Boys/Girls/All)	5	\$800
Aug. 4-8 (Boys/Girls/All)	5	\$800
Aug. 11-15 (Boys/Girls/All)	5	\$800
Aug. 18-22 (Boys/Girls/All)	5	\$800

LONGER BOUNDARY WATERS ADVENTURES

Entering grades 8-12

An incredible adventure for all teens! Regardless of skill level or previous canoeing experience, Menogyn guides work with campers to develop their wilderness skills as they enjoy eight or nine nights on trail canoeing the Boundary Waters Canoe Area Wilderness. There is also more time to create lasting friendships and have fun!

In addition to our classic canoe trip, we also offer three emphasis trips for campers to enrich their Menogyn experience.

Date	# Days	Fees
June 15-27 (Boys/Girls/All)	13	\$2,320
June 23-July 4 (Boys/Girls/All)	12	\$2,140
June 30-July 11 (Boys/Girls/All)	12	\$2,140
July 7-18 (Boys/Girls/All)	12	\$2,140
July 21-Aug. 1 (Boys/Girls)	12	\$2,140
July 28-Aug. 8 (Boys/Girls/All)	12	\$2,140
Aug. 4-15 (Boys/Girls/All)	12	\$2,140
Aug. 11-22 (Boys/Girls/All)	12	\$2,140

EMPHASIS: COOKING

Date	# Days	Fees
July 21-Aug. 1 (All)	12	\$2,140
Aug. 4-15 (All)	12	\$2,140

EMPHASIS: PADDLE BUILD

Date	# Days	Fees
July 7-18 (Boys/Girls)	12	\$2,140

QUETICO CANOEING

Entering grades 10-12

Campers deepen their expedition canoeing skills as they paddle and portage through the beautiful lakes and rivers of Ontario's Quetico Provincial Park. The Quetico is more remote and challenging than the BWCAW — a perfect opportunity for experienced campers. Quetico campers must bring a valid passport or passport card.

Date	# Days	Fees
June 15-July 4 (Boys/Girls/All)	20	\$3,680
July 7-25 (Boys/Girls/All)	19	\$3,500
July 28-Aug. 15 (Boys/Girls/All)	19	\$3,500

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BOYS AND GIRLS OUTDOOR LEADERSHIP DEVELOPMENT (BOLD AND GOLD) CANOEING

BOLD and GOLD trips are ideal for beginner and experienced canoers alike. BOLD and GOLD trail groups intentionally bring together campers from many different backgrounds to explore leadership with a focus on building courage, emotional intelligence, confidence, community awareness, and a sense of wonder for the natural environment. To learn more visit ymcanorth.org/boldgold.

Date	Grades	# Days	Fees
June 23–27	7–10 (Boys/Girls)	5	\$800
Aug. 18–22	7–10 (Boys/Girls)	5	\$800
June 30–July 11.	8–12 (Boys/Girls)	12.	\$2,140
Aug. 4–15.	8–12 (Boys/Girls)	12.	\$2,140

BACKPACKING

INTRO TO BACKPACKING: BORDER ROUTE TRAIL

Entering grades 7–8

Campers will spend time in camp preparing for their trip and then enjoy two nights and three days in the beautiful Boundary Waters Canoe Area Wilderness.

Date	# Days	Fees
July 21–25 (Boys/Girls)	5	\$800
July 28–Aug. 1 (Boys/Girls/All)	5	\$800
Aug. 4–8 (Boys/Girls/All)	5	\$800
Aug. 18–22 (Boys/Girls)	5	\$800

ISLE ROYALE BACKPACKING

Entering grades 9–11

After a 90-minute ferry ride from Grand Portage, campers enjoy 9 days backpacking established trails on Isle Royale. Isle Royale is a beautiful island national park in Gitchi Gami, also know as Lake Superior.

Isle Royale trips are exceedingly remote and challenging. Previous backpacking experience required.

Date	# Days	Fees
June 30–July 11 (Boys/Girls)	12.	\$2,385
July 21–Aug. 1 (Boys/Girls)	12.	\$2,385
Aug. 4–15 (Boys/Girls)	12.	\$2,385

WESTERN BACKPACKING

Entering grades 8–12

Campers hike deep into mountain wilderness areas to experience spectacular mixed-alpine terrain at elevations up to 11,000 feet. Campers will learn crucial backpacking skills like mountain navigation and Leave No Trace practices.

12-day sessions travel to Black Elk Wilderness for a 5-day backpacking trip.

19-day sessions travel to Yellowstone National Park for an 11-day backpacking trip. Previous wilderness experience is required for 19-day Rocky Mountain sessions.

Locations are subject to change in the event that a travel area is inaccessible.

Entering grades 8–10

Date	# Days	Fees
June 15–27 (Boys/Girls)	12.	\$2,385
July 7–18 (Girls/All)	12.	\$2,385
Aug. 11–22 (Boys/All)	12.	\$2,385

ROCKY MOUNTAIN BACKPACKING

Entering grades 10–12

Date	# Days	Fees
June 30–July 18 (Boys/Girls/All)	19.	\$3,780
July 21–Aug. 8 (Boys/Girls/All)	19.	\$3,780

SCHOLARSHIPS:

Camp Menogyn welcomes all who wish to participate and annually raises campership funds to ensure camp fees are not a barrier for anyone. For more information about our scholarships please visit campmenogyn.org or call 612-822-2267.