



PILATES REFORMER CLASS SCHEDULE

Effective September 1, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Pilates Reformer Level 1 6:00-7:00 am Mary	Pilates Reformer Level 2 12:00-1:00 pm Jon	Pilates Reformer Level 2 8:00-9:00 am Maureen	Pilates Reformer Level 2 12:00-1:00 pm Maureen	Pilates Reformer Level 1 6:00-7:00 am Mary	Pilates Reformer Level 1 9:30-10:30 am Bon
Pilates Reformer Level 2 9:00-10:00 am Maureen		Pilates Reformer Level 1 4:00-5:00 pm Jim		Pilates Reformer Level 2 12:00-1:00 pm Jim	

Subscriptions or single sessions available for purchase either at the front desk, on the YMCA of the North app or by using the QR code:

