



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 11/17/2023

LAP POOL SCHEDULE

November 18th - November 24th, 2024

Please check for Private Swim Lane Reservations

LAP LANES ARE FOR LAP SWIMMERS ONLY - NO EXERCISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	5:00am - 8:00 am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:00am Lap Swim (4) Exercise (1) 7:00-7:20 7:20am- 7:55am WATERBALL	5:00am - 8:00am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 8:15am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	CLOSED	CLOSED
8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class		
9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	7:00am- 9:00am Lap Swim (4) Exercise (1)	7:00am-4:45pm Lap Swim (4) Exercise (1) Private lessons (1) 9am-11am
10:20am- 4:20pm Lap Swim (4) Exercise(1) Private swim lesson (1) 3:30- 4:00p	10:20am-4:20pm Lap Swim (4) Exercise (1)	10:20am-4:20pm Lap Swim (4) Exercise (1) Private lesson (1) 2:30-3p	10:20am-4:20pm Lap Swim (4) Exercise (1) Private lesson (1) 3:30-4:00pm	10:20am-4:20pm Lap Swim (4) Exercise(1) Private lesson (1) 3:30 - 4:30p	9:00- 12:00pm Lap Swim (2) Open Swim (1) Swim Lessons (2) Private lessons (9:00-12pm)	
4:30pm-6:30pm Lap Swim (3) Open Swim (2) Private lesson (2) 4:00-4:30 /4-5:30p	4:30pm-6:30pm Swim Lessons (2) Private lesson (1) 4-5p / 5:00-6:30p Open Swim (2)	4:30pm-6:30pm Swim Lessons (2) Lap Swim (1) Open Swim (2)	4:30pm-6:30pm Swim Lessons (3) Private lesson (2) 4:00-5:30p/ 4- 6:30p	4:30pm-6:30pm Lap Swim (3) Open Swim (2) Private lesson (1) 4:30-5:30pm	12:00 - 2:30pm Lap Swim (1) Swim Lessons (2) Open Swim (2) Private lesson (1) 1-1:30/2-2:30	2:30 - 4:45pm Lap Swim (2) Exercise (1) Open Swim (2)
6:30pm-7:30pm Lap Swim (3) Open Swim (2)	Swim Lessons (2) Private lesson (1) 6:30-7:00p Open Swim (2)	6:30pm-7:30pm Swim Lessons (2) Lap Swim (1) Lifeguard Training 6:30-8:30p	6:30pm-7:30pm Swim Lessons (3) Private lesson (1) 6:30-7:30 Open Swim (1)	6:30pm-7:30pm Lap Swim (3) Open Swim (2)		
7:30pm-8:45pm Lap Swim (3) Open Swim (2)	7:30pm-8:45pm Lap Swim (3) Open Swim (2) Private lesson (1) 7:30-8pm	7:30pm-8:45pm Lap Swim (3) Lifeguard Inservice 6:30- 8:30p	7:30pm-8:45pm Lap Swim (3) Open Swim (2) Private lesson (1) 7:30-8p	7:30pm-8:45pm Swim Lessons (1) 6:30 - 8:45pm Lap Swim (2) Open Swim (2)	CLOSED	CLOSED

During Lap Swim, you are required to share a lane with another swimmer if all lanes are full! This includes circle swim.



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 6/5/2023

LEISURE POOL SCHEDULE

November 18th - November 24th, 2024

Private lessons may use part of pool if available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Open Swim (Slide area closed)	5:00am - 8:00am Open Swim (Slide area closed)	5:00am - 7:00am Open Swim (Slide area closed)	5:00am - 8:00am Open Swim (Slide area closed)	5:00am - 7:45am Open Swim (Slide area closed)	7:00 - 8:00am Open Swim (Slide Area Closed)	7:00 - 8:00am Open Swim (Slide Area Closed)
7:45 - 10:20am CLOSED	8:00 - 10:20am CLOSED	7:00am-10:20am CLOSED	8:00 - 10:20am CLOSED	7:45am - 10:20am CLOSED	8:00 - 9:00am Open Swim	8:00 - 11:00pm Open Swim
10:30-11:30 Preschool Swim & Open Swim	10:30-11:30 Preschool Swim & Open Swim	10:30-11:30 Preschool Swim & Open Swim	10:30-11:30 Preschool Swim & Open Swim	10:30-11:30 Preschool Swim & Open Swim	9:00 - 12:00pm Swim Lessons (Areas will be closed off for lessons)	11:00 - 4:45pm Open Swim Slide Running (12-3pm)
11:30 - 2:00pm Open Swim (Slide Area Closed)	11:30 - 2:00pm Open Swim (Slide Area Closed)	11:30 - 2:00pm Open Swim (Slide Area Closed)	11:30 - 2:00pm Open Swim (Slide Area Closed)	11:30 - 2:00pm Open Swim (Slide Area Closed)	12:00 - 3:00pm Open Swim Slide Running (12-3pm)	
2:00pm - 8:45pm Open Swim	2:00pm - 4:20pm Open Swim			2:00pm - 5:00pm Open Swim		
	4:20 - 7:30pm Swim Lessons (Open Swim in designated area ONLY)	4:20 - 7:30pm Swim Lessons (Open Swim in designated area ONLY)	4:20 - 7:30pm Swim Lessons (Open Swim in designated area ONLY)	5:00 - 8:45pm Open Swim Slide Running (5:05pm - 8:30pm)	3:00 - 4:45pm Open Swim	3:00 - 4:45pm Open Swim
	7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim			
					CLOSED	CLOSED

See Lifeguard(s) for Swim Tests.