



# LAP POOL SCHEDULE

November 18 - November 24

\*Pool Schedule is subjected to change with no notice\*

15min Safety Breaks will be called if lifeguard to swimmer ratio is over 1:25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 8:00am Lap Swim (5) Adult Exercise (1)	5:00am - 7:25am Lap Swim (5) Adult Exercise (1)	5:00am - 8:00am Lap Swim (5) Adult Exercise (1)	5:00am - 7:25am Lap Swim (5) Adult Exercise (1)	5:00am - 7:25am Lap Swim (5) Adult Exercise (1)	CLOSED	CLOSED
	7:30am - 8:15am Water X Class		7:30am - 8:15am Water X Class	7:30am - 8:15am Water X Class	7:00am - 8:00am Lap Swim (5) Adult Exercise (1)	7:00am - 10:00am Lap Swim (5) Adult Exercise (1)
8:10am - 8:55am Water X Class	8:20am - 9:20am Water X Class	8:10am - 8:55am Water X Class	8:20am - 9:20am Water X Class	8:20am - 8:55am Lap Swim (2) Water Exercise(4)	8:10am - 8:55am Water X Class	
9:00am - 10:00am Water X Class	9:30am - 5:00pm Lap Swim (4) Open Swim (2)	9:00am - 10:00am Water X Class	9:30am - 8:00pm Lap Swim (4) Open Swim (2)	9:00am - 10:00am Water X Class	9:00am - 11:00am Lap Swim (3) Open Swim (1)	
10:05am - 5:00pm Lap Swim (4) Open Swim (2)		10:05am - 5:00pm Lap Swim (4) Open Swim (2)		10:00am - 11:45am Lap Swim (4) Open Swim (1-2) SWIM LESSONS	SWIM LESSONS (2)	10:00am - 4:45pm Lap Swim (4) Open Swim (2)
				11:45am - 8:00pm Lap Swim (4) Open Swim (2)	11:00am - 4:45pm Lap Swim (4) Open Swim (2)	
5:00pm - 7:15pm Lap Swim (2) SWIM LESSONS  NO OPEN SWIM	5:00pm - 7:15pm Lap Swim (1) Open Swim (1) SWIM LESSONS	5:00pm - 7:15pm Lap Swim (1) Open Swim (1) SWIM LESSONS			CLOSED	CLOSED
7:15pm - 8:00pm Lap Swim (4) Open Swim (2)	7:15pm - 8:00pm Lap Swim (4) Open Swim (2)	7:15pm - 8:00pm Lap Swim (4) Open Swim (2)				
8:00pm - 8:45pm Lap Swim (5) Open Swim (1)	8:00pm - 8:45pm Lap Swim (5) Open Swim (1)	8:00pm - 8:45pm Lap Swim (5) Open Swim (1)	8:00pm - 8:45pm Lap Swim (5) Open Swim (1)	8:00pm - 8:45pm Lap Swim (5) Open Swim (1)		

\*During Pool Transitions, Swimmers will be asked to exit the water for the lifeguard to help move lanelines if needed  
 \* Swimmers are required to share lap lanes during lap swim, this may include circle swimming  
 \* Private Swim Lessons will use a lap lane when needed. Lap Lanes are subjected to change with no notice.



Hudson YMCA

# LEISURE POOL SCHEDULE

November 18 - November 24

Updated: 4/5/2024

\*Pool Schedule is subjected to change with no notice\*

15min Safety Breaks will be called if lifeguard to swimmer ratio is over 1:25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 4:55pm <b>Open Swim</b>	5:00am - 5:00pm <b>Open Swim</b>	5:00am - 5:00pm <b>Open Swim</b>	5:00am - 6:00pm <b>Open Swim</b>	5:00am - 10:00am <b>Open Swim</b>	<b>CLOSED</b>	<b>CLOSED</b>
					7:00am - 9:00am <b>Open Swim</b>	7:00am - 1:00pm <b>Open Swim</b>
					9:00am - 11:00am <b>SWIM LESSONS</b>	
				10:00am - 11:45am <b>SWIM LESSONS</b>	<b>Limited Open Swim Shallow End Only</b>	
				<b>Limited Open Swim Shallow End Only</b>	11:00am - 4:45pm <b>Open Swim</b>	
				11:45am - 8:45pm <b>Open Swim</b>	<b>SLIDE OPEN 11:00am -12:00pm &amp; 1:00pm - 2:00pm</b>	1:00pm - 4:45pm <b>Open Swim</b>
						<b>SLIDE OPEN 1:00pm - 3:00pm</b>
5:00pm - 7:15pm <b>SWIM LESSONS</b>	5:00pm - 7:15pm <b>SWIM LESSONS</b>	5:00pm - 7:15pm <b>SWIM LESSONS</b>	6:00pm - 8:45pm <b>Open Swim</b>		<b>CLOSED</b>	<b>CLOSED</b>
<b>NO OPEN SWIM</b>	<b>Limited Open Swim Shallow End Only</b>	<b>Limited Open Swim Shallow End Only</b>	<b>SLIDE OPEN 6:00pm - 7:00pm</b>			
7:15pm - 8:45pm <b>Open Swim</b> <b>SLIDE OPEN 7:15pm - 8:00pm</b>	7:15pm - 8:45pm <b>Open Swim</b>	7:15pm - 8:45pm <b>Open Swim</b>				

\*ALL Swimmers 14 and younger MUST pass a swim test to swim without a adult in the water with them. Swimmers 5+ who can not pass a swim test may wear a lifejacket to swim without an adult in the water.

\*SLIDE - ALL Swimmers 14 and younger MUST pass a swim test to go down the slide - Swimmers with BLUE wristband must be 48" tall to use the slide.

\*Please see Lifeguards for swim tests.