



Woodbury YMCA

GYM SCHEDULE

Nov 18-24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00	5:00am-9:00am Open Gym	5:00am-8:00am Open Gym	5:00am-8:00am Open Gym	5:00am-7:45am Open Gym	5:00am-10:00am Open Gym	CLOSED	CLOSED	
5:30								
6:00		8:00am-11:00am Competitive Pickleball	8:00am-11:00am All Levels Pickleball No Lessons Needed	7:45am-10:15am YMCA Pickleball Lessons*		10:00am-11:00am Kids Stuff	7:00am-9:00am Adult Pick-up Basketball	7:00am-10:00am Open Gym
6:30							9:00am-10:00am Teen Basketball	
6:00							11:00am-1:00pm Preschool	
7:00	10:00am-11:00am Kids Stuff	10:00am-11:00am Kids Stuff	10:00am-12:00pm Drop-In Pickleball No Lessons Needed					
7:30	9:30am-10:15am ForeverWell Bootcamp	11:00am-1:00pm Preschool	11:00am-1:00pm Preschool	11:30am-1:00pm Preschool	11:00am-1:00pm Preschool	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym	
8:00	10:30am-11:30am Kids Stuff							1:00pm-4:30pm Open Gym
8:30	11:30pm-1:00pm Preschool	1:00-9:00 PM Open Gym	4:30-6:00 pm Girls Only Gym	4:00 pm- 5:00 pm Kids Stuff	2:00pm-5:00pm Open Gym			
9:00	4:30-8:30 Youth Basketball					6-8:30 pm Social Pickleball Lessons Recommended	5 pm-8:30 pm Youth Basketball	4:00-9:00 pm Open Gym
9:30		CLOSED	CLOSED					
10:00	CLOSED			CLOSED				
10:30		CLOSED	CLOSED					
11:00	CLOSED			CLOSED				
11:30		CLOSED	CLOSED					
12:00	CLOSED			CLOSED				
12:30		CLOSED	CLOSED					
1:00	CLOSED			CLOSED				
1:30		CLOSED	CLOSED					
2:00	CLOSED			CLOSED				
2:30		CLOSED	CLOSED					
3:00	CLOSED			CLOSED				
3:30		CLOSED	CLOSED					
4:00	CLOSED			CLOSED				
4:30		CLOSED	CLOSED					
5:00	CLOSED			CLOSED				
5:30		CLOSED	CLOSED					
6:00	CLOSED			CLOSED				
6:30		CLOSED	CLOSED					
7:00	CLOSED			CLOSED				
7:30		CLOSED	CLOSED					
8:00	CLOSED			CLOSED				
8:30		CLOSED	CLOSED					
9:00	CLOSED			CLOSED				

**Gym Schedule is subject to change, due to events, weather, and programming

There could be frequent adjustments to the gym schedule.

*Paid \$\$ must register