



White Bear Lake Area YMCA GYM SCHEDULE

11/18/2024 -11/24/2024

	18-Nov		19-Nov		20-Nov		21-Nov		22-Nov		23-Nov		24-Nov	
	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym
5:00	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		CLOSED		CLOSED	
5:30	5:00AM-7:00AM		5:00AM-7:00AM		5:00AM-7:00AM		5:00AM-7:00AM		5:00AM-7:00AM					
6:00														
6:30														
7:00	Pickleball		Pickleball		Pickleball		Pickleball		Pickleball		Gym Closed for YMCA Youth Sports Programming 7:00AM - 4:50PM		Catalyst Church 7:00 AM-12:00PM	
7:30	7:00 AM-9:00 AM		7:00 AM-9:00 AM		7:00 AM-9:00 AM		7:00 AM-9:00 AM		7:00 AM-9:00 AM					
8:00	<i>Please Share the Courts</i>		<i>Please Share the Courts</i>		<i>Please Share the Courts</i>		<i>Please Share the Courts</i>		<i>Please Share the Courts</i>					
8:30														
9:00	Silver Sneakers Classic		9:00 AM-10:00 AM		Silver Sneakers Classic		9:00 AM-12:00 AM		9:00 AM-10:30 AM					
9:30	9:45AM-10:30AM		Open Gym		9:45AM-10:30AM		Open Gym		Open Gym					
10:00									Silver Sneakers Classic					
10:30			Chair Yoga						10:45AM-11:30AM					
11:00	Open Gym		10:30AM-11:15AM						Chair Yoga					
11:30	11:00AM -12PM								11:30M-12:15PM					
12:00	Pickleball Lessons		Beginners Pickleball		Open Gym		Beginners Pickleball							
12:30	12PM-3:00PM		12PM-1:30 PM		10:45AM-5:15PM		12PM-1:30 PM							
1:00			<i>Please Share the Courts</i>				<i>Please Share the Courts</i>							
1:30			Intermediate/Advance				Intermediate/Advance							
2:00			Pickleball 1:30PM-3:00PM				Pickleball 1:30PM-3:00PM							
2:30														
3:00	Open Gym		Open Gym						Open Gym					
3:30	3:15PM-5:15PM		3:15PM-5:15 PM						12:30PM-8:50PM					
4:00														
4:30														
5:00														
5:30	YMCA Boys Basketball League		YMCA Soccer/Futsal		Youth Girls Basketball		Open Gym				CLOSED		CLOSED	
6:00	5:30PM- 8:50PM		5:30PM- 8:50PM		5:45PM-8:50PM		3:00PM-8:50PM							
6:30														
7:00														
7:30														
8:00														
8:30														
9:00														

Gym Schedule is subject to change, due to events, weather, and programming
There could be last minute adjustments to the gym schedule.

Last Updated: 11/18/2024