

Hudson YMCA

GYM SCHEDULE

November 18 - November 24, 2024

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym
5:00 5:30 6:00 6:30	5:00am-7:00am Drop-In Open Gym		5:00am-8:30am		5:00am-7:00am Drop-In Open Gym		5:00am-8:45am Drop-In Open Gym 8:45am- 9:00am-		5:10am-5:55am HIIT Class 6:00am-6:55am Drop-In Open Gym		CLOSED		CLOSED	
7:00 7:30 8:00	7:00am-10:00am Open Pickleball Int/Advanced		Drop-In Open Gym		7:00am-10:00am Open Pickleball				7:00am-10:00am Open Pickleball		7:00am-8:30pm Drop-In Open Gym			
8:30 9:00 9:30			8:30am-	8:30am- 9:00am-		Int/Advanced		9:00am- 9:45am Circuit	Int/Advanced					
10:00 10:30 11:00	10:00am- Drop-In O		12:00pm Drop-In Open Gym	11:30am Family Gym	10:00am- Drop-In C		10:00am-11:00am Open Beginner Pickleball		10:00am-11:40am Drop-In Open Gym 11:40am-1:10pm Adult Pick-Up Basketball		Youth Sports Game Days (See Dates & Times Below)		7:00am-5:00pm Drop-In Open Gym	
11:30 12:00 12:30 1:00 1:30	11:40am Adult P Baske 1:10pm-1:3	Pick-Up etball Opm Open	12:00pm-1: Beg/Int F 1:00-2 PickleBa	coopm	11:40am-1:10pm Adult Pick-Up Basketball		Open P	n-2:00pm ickleball vanced						
2:00 2:30 3:00 3:30 4:00 4:30	1:30pm-3:00pm Open Beginner Pickleball		2:00pm- 4:00pm Drop-In Open Gym	2:10-3:10pm Pickleball Class	1:00pm-9:00pm Drop-In Open Gym				1:15pm-4:30pm Drop-In Open Gym		2:15pm-5:00pm Drop-In Open Gym			
5:00 5:30 6:00 6:30 7:00 7:30 8:00 8:30 9:00		00pm-9:00pm p-In Open Gym	4:15pm- 9:00pm Youth Sports	3:15pm- 9:00pm Drop-In Open Gym	6:00-7:30pm Open Gym 7:30pm Drop-In C	6:00-7:30pm Pickleball Clinic -9:00pm Open Gym		-9:00pm Open Gym		5:00pm- 7:00pm Family Gym -9:00pm Open Gym	CLOSED	CLOSED	CLOSED	CLOSED

^{**}Gym Schedule is subject to change, due to events, weather, and programming There could be frequent adjustments to the gym schedule.

YMCA Sports Program
Open Adult Basketball

Family Gym Fitness Class Open Pickleball
Kids Fitness Class

Open Beg. Pickleball

Gym Event/Rental

Last Updated: 11/12/2024

Youth & Adult Sports Game Days:

Saturday, November 16 9:00am-2:00pm Saturday, December 7 9:00am-1:00pm



Hudson YMCA

GYM SCHEDULE

November 25 - December 1, 2024

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym
5:00 5:30 6:00 6:30	5:00am-7:00am Drop-In Open Gym 7:00am-10:00am Open Pickleball Int/Advanced		5:00am-8:45am Drop-In Open Gym 9:00am- 9:45am Circuit			5:00am-7:00am Drop-In Open Gym		5:10am-5:55am HIIT Class 6:00am-6:55am Drop-In Open Gym		CLOSED		CLOSED		
7:00 7:30 8:00 8:30 9:00 9:30					7:00am-10:00am Open Pickleball Int/Advanced				7:00am-10:00am Open Pickleball Int/Advanced		7:00am-8:30pm Drop-In Open Gym		7:00am-9:00am Open Pickleball Int/Advanced	
10:00 10:30 11:00	10:00am- Drop-In O		10:00am- 12:00pm Drop-In Open	9:00am- 11:30am Family Gym	10:00am- Drop-In C	-11:40am Open Gym			10:00am-11:40am Drop-In Open Gym		Youth Sports Game Days (See Dates & Times Below)			
11:30 12:00 12:30	11:40am Adult P Baske	rick-Up	Gym 12:00pm-1:0 Beg/Int P		11:40am-1:10pm Adult Pick-Up Basketball		0.000		11:40am-1:10pm Adult Pick-Up Basketball		(See Dates & Times Bellow)		0.00 5.00	
1:00	1:10pm-1:3	Opm Open	1:00-2:00pm				CLOSED						9:00am-5:00pm Drop-In Open Gym	
1:30 2:00 2:30	1:30pm-3:00pm Open Beginner Pickleball		PickleBall Class 2:10-3:10pm 2:00pm- Pickleball				(Happy Thanksgiving)	1:15pm-4:30pm				Brop-in Open dyin		
3:00 3:30				Class					Drop-In Open Gym		2:15pm-5:00pm Drop-In Open Gym			
4:00 4:30 5:00	3:00pm-9:00pm Drop-In Open Gym		3:15pm-		1:00pm-9:00pm Drop-In Open Gym		4:30pm-	5:00pm-						
5:30 6:00 6:30 7:00 7:30			4:15pm- 9:00pm Drop-In Open Gym	4:15pm- 9:00pm pp-In Open Gym				7:30pm Open Gym	7:00pm Family Gym	CLOSED	CLOSED	CLOSED	CLOSED	
8:00 8:30 9:00									7:30pm-9:00pm Drop-In Open Gym					

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YMCA Sports Program
Open Adult Basketball

Family Gym Fitness Class Open Pickleball
Kids Fitness Class

Open Beg. Pickleball
Gym Event/Rental

Last Updated: 11/19/2024

Youth & Adult Sports Game Days:

Saturday, November 16 9:00am-2:00pm Saturday, December 7 9:00am-1:00pm