

## Hastings YMCA **GYM SCHEDULE**

## November 1-30

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	West Gym East Gym	West Gym East Gym	West Gym East Gym	West Gym East Gym	West Gym East Gym	West Gym East Gym	West Gym East Gym
5:00			5:00am-6:00am				
5:30		5:00am-7:45am	Drop In Open Gym				
6:00		Drop In Open Gym					
6:30	5:00am-9:00am Drop-In	,	6:00am-8:00am All Ages	5:00am-9:00am	5:00am-9:00am	CLOSED	CLOSED
7:00	Open Gym		Pickleball	Drop In Open Gym	Drop In Open Gym	7:00am-8:30am	
7:30						Pick Up Basketball	
8:00		7.4540.20	8:00am-9:00am				
8:30		7:45am-10:30am Group Exercise Classes	Drop In Open Gym		0.05		
9:00 9:30	9 am-11 am	Group Exercise Classes	9:05am- 9am - 11am	9:05am-11:15am Group	9:05am- 11:15am 9am - 11am		
10:00	9am-11:15am Quiet Walking		Group Exercise Quiet	Exercise Classes	Group Exercise Quiet		7.00
	Exercise Class		Class Walking		Class Walking		7:00am - 3:00pm
11:00		10:30am-12pm	11:15am - 12pm	11:15am-12:00pm	11am-12pm	8:30am - 5:00pm	Drop In Open
11:30	11:15am-12pm 11am-12pm All Ages Pickleball Open Gym	Open Gym	Open Gym	Open Gym	11:15am-12pm All Ages Pickleball Open Gym	Open Gym	Gym
12:00	•				<u>.</u>	Nov. 9 & Nov. 23	
12:30	12:00pm-2:00pm	12:00pm-2:00pm	12:00pm - 2:00pm	12:00pm-2:00pm	12:00pm-2:00pm	Youth Basketball	
1:00	Adult Pickleball	Adult Pickleball	Adult Pickleball	Adult Pickleball	Adult Pickleball	League Games	
1:30						Full Gym	
2:00	2:00 pm - 3:00 pm		2:00 pm - 3:00 pm			9 am - 5 pm	
2:30	Drop In Open Gym		Drop In Open Gym	2.00 5.00	2.00	3 ann - 3 pin	
3:00	3pm - 4 pm 3pm - 4pm Youth Ski Team Drop In Open Gym	2:00pm-5:30pm	3pm - 4 pm 3pm - 4pm Youth Ski Team Drop In Open Gym	2:00 pm - 5:00 pm	2:00 pm - 5:00 pm		
3:30 4:00	4:00 pm - 5:00 pm	Youth Ski Team Drop In Open Gym Drop In Open Gym	Drop In Open Gym		3pm-4:50pm 3 pm-4:50pm		
4:30	Drop In Open Gym		4n no Com				All Ages Drop In Pickleball Open Gym
5:00	5pm - 7pm		4pm-6pm Pick Up		5pm-6pm		rickiebaii Opeli Gyili
5:30	Youth 5pm - 7pm		Basketball		Open Gym 5pm - 7pm		
6:00	Sports Open Gym		4pm-8:50pm	5:00 pm - 8:00 pm	Pick Up		
6:30	Volleyball	5:30pm-	Drop In	Youth Sports Basketball	Baskethall		
7:00		8:50pm 6:30pm- 8:50pm	Open Gym 6:00pm -		6:00pm-		
7:30	7 pm - 9 pm	Pick Up Open Gym	8:50pm All Ages		8:50pm All Ages 7:00pm -		
8:00	Drop in Open gym	Basketball	Pickleball	8:00pm - 8:50pm	Picklehall 8:50pm		
8:30	2. op 111 open 5,111			Open Gym	Open Gym		
9:00						CLOSED CLOSED	CLOSED CLOSED

## **Adult Pickleball Description**

Rotating Adult pick-up games on a first come, first serve basis. Open to all levels of Adult players All Ages Pickleball Description

Rotating pickleball play for youth and adults. Open to all ages and ability levels

## **GYM CLOSED:**

November 9 & 23: Youth Basketball Games 8:30 am - 5:00 pm

November 28 Thanksgiving: Facility Closed

November 29: 1/2 Gym only for Pickleball

<sup>\*\*</sup>Gym Schedule is subject to change, due to weather and Y programming.