

## Forest Lake YMCA

## **GYMNASIUM SCHEDULE**

## **OCTOBER 20TH - DECEMBER 14TH**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	North Gym South Gym	North Gym   South Gym	North Gym   South Gym	North Gym   South Gym	North Gym   South Gym	North Gym   South Gym	North Gym South Gym
5:00 5:30 6:00 6:30	5:00am - 7:00am Open Gym	5:00am - 7:00am Open Gym	5:00am - 6:00am Open Gym	5:00am - 7:00am Open Gym	5:00am - 7:00am Open Gym	CLOSED	CLOSED
7:00 7:30 8:00 8:30 9:00 9:30	7:00am - 10:00am Drop-in Pickleball	7:00am - 10:00am Drop-in Pickleball	6:00am - 9:00am Drop-In Pickleball 9:00am - 10:30am Group X Class	7:00am - 10:00am Drop-in Pickleball	7:00am - 10:00am Drop-In Pickleball	7:00am - 11:00am Open Gym	7:00am - 11:00am Open Gym
10:00 10:30 11:00 11:30	10:00am - 12:00pm Open Gym	10:00am - 11:30pm Open Gym P-Ball Lesson 11:30am-12pm	Foreverwell Strength  10:30am - 12:00pm  Open Gym	10:00am - 12:00pm Open Gym	10:00am - 11:30pm Open Gym P-Ball Lesson 11:30am-12pm	11:00am - 1:00pm	11:00am - 1:00pm
12:00 12:30 1:00 1:30 2:00	12:00pm - 2:30pm Drop-In Pickleball	12:00pm - 2:30pm Drop-in Pickleball	12:00pm - 2:30pm Drop-In Pickleball	12:00pm - 2:30pm Drop-In Pickleball	12:00pm - 2:30pm Drop-In Pickleball	Drop-In Pickleball	Drop-In Pickleball
2:30 3:00 3:30 4:00 4:30 5:00	2:30pm - 6:00pm Open Gym	2:30pm - 5:30pm Open Gym	2:30pm - 6:00pm Open Gym	2:30pm - 6:00pm Open Gym		1:00pm - 5:00pm Open Gym	1:00pm - 5:00pm Open Gym
5:30 6:00 6:30 7:00 7:30 8:00	6:00pm - 8:45pm Open Volleyball	Youth Sports Basketball League 5:30pm-6:45pm 6:45pm - 8:45pm Open Gym	6:00pm - 8:45pm Drop-In Pickleball	6:00pm - 8:45pm Open Volleyball	2:30pm - 8:45pm Open Gym	CLOSED	CLOSED
8:45							

<sup>\*\*</sup>Gym Schedule is subject to change due to events, Holidays, weather, and programming There could be frequent adjustments to the gym schedule.

To be respectful of all those who would like to use the gymnasium space, full court basketball games are not allowed when only half the gymnasium is open \*Pickleball & Volleyball Nets cannot be set up on the court outside of designated scheduled time

Last Updated: 11/14/2024

NOTE: ALL YMCA OF THE NORTH FACILITIES ARE CLOSED
ON THANKSGIVING
THURSDAY, NOVEMBER 28TH