



St. Paul Midway YMCA

LAP POOL SCHEDULE

November 17th-November 23rd

NO Reservations Required (Except Water X Classes) *Schedules are subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-6:30am Lap Swim	5:00am-6:30am Lap Swim	5:00am-6:30am Lap Swim	5:00am-6:30am Lap Swim	5:00am-6:30am Lap Swim	CLOSED	CLOSED
6:30-6:45am safety break	6:30-6:45am safety break	6:30-6:45am safety break	6:30-6:45am safety break	6:30-6:45am safety break		
6:45am-7:30am Water X Class	6:45am-9:20am Lap Swim	6:45am-7:30am Water X Class	6:45am-8:50am Lap Swim	6:45am-7:30am Lap swim (3) Water Fitness(1)	7:00am-9:00am Lap Swim	7:00am-4:45pm Lap Swim
7:35am-8:50am Lap Swim		7:35am-4:30pm Lap Swim	7:35am-4:30pm Lap Swim	7:30am-5:00pm Lap Swim	9:00am-12:00pm Lap Swim (1) Swim Lessons (3)	
9:00-9:45am Water X Class	9:30-10:15am Water X Class		9:00am-9:45am Water X Class		12:00pm-4:45pm Lap Swim	
9:55am-4:55pm Lap Swim	10:25am-4:25pm Lap Swim		9:55am-4:55pm Lap Swim			
	4:30pm-6:55pm Lap Swim (2) Swim Lessons (2)		4:30-5:00pm Lap Swim(3) Swim Lessons(1)			
5:00pm-6:55pm Swim Lessons CLOSED		4:30pm-7:00pm Lap Swim (3) Swim Lessons(1)	5:00pm-6:55pm Swim Lessons CLOSED	5:00pm-7:00pm Lap Swim (3) Open Swim(1)	CLOSED	CLOSED
7:00pm-8:45pm Lap Swim (3) Open Swim(1)	7:00pm-8:45pm Lap Swim (3) Open Swim(1)	7:00pm-8:45pm Lap Swim	7:00pm-8:45pm Lap Swim (3) Open Swim(1)	7:00pm-8:45pm Lap Swim		

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming. ****Lap Swim requires a pink wristband if under the age of 15 and must be swimming laps. Lessons take priority and may use a lane during open pool hours.**

LEISURE POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-6:30am VORTEX ONLY	5:00am-6:30am VORTEX ONLY	5:00am-6:30am VORTEX ONLY	5:00am-6:30am VORTEX ONLY	5:00am-6:30am VORTEX ONLY	CLOSED	CLOSED
6:30-6:45am safety break	6:30-6:45am safety break	6:30-6:45am safety break	6:30-6:45am safety break	6:30-6:45am safety break		
6:45am-3:00pm VORTEX ONLY	6:45am-3:00pm VORTEX ONLY	6:45am-3:00pm VORTEX ONLY	6:45am-3:00pm VORTEX ONLY	6:45am-9:30am VORTEX ONLY	7:00am-9:00am Open swim Vortex	7:00am-11:00am Open Swim Vortex
					9:30am-11:30am Private Group Closed Vortex Only	
				11:30am-3:00pm VORTEX ONLY	9:00am-11:55am Swim Lessons CLOSED Vortex On	11:00am-11:15am Safety Break
	Hot Tub Closed 12pm-2pm			Hot Tub Closed 12pm-2pm	12:00pm-1:00pm Slide On Open Swim Vortex	11:15am -3pm Open Swim Vortex On Slide on (12pm-3pm)
					1:00pm-1:15 Safety Break	
					1:15pm-3:00pm Slide on vortex on open swim	
3:00pm-4:25pm Open Swim Vortex On	3:00pm-4:25pm Open Swim Vortex On	3:00pm-6:45pm Open Swim Vortex On	3:00pm-4:25pm Open Swim Vortex On	3:00pm-6:00pm Open Swim Vortex On Slide on (5:00pm-6:00pm)	3:00pm-3:15pm Safety Break	3pm-3:15pm Safety Break
4:30pm-6:45pm Swim Lessons CLOSED Vortex On	4:30pm-6:45pm Swim Lessons CLOSED Vortex On		4:30pm-6:45pm Swim Lessons CLOSED Vortex On		3:15pm-4:30pm Vortex on open Swim Slide on (3:15pm-4:00pm)	3:15pm-4:30pm Vortex on open Swim Slide on (3:15pm-4:00pm)
					CLOSED 4:30-4:45	CLOSED 4:30pm-4:45pm
				6:00-6:15pm safety break		
6:45-7:00pm safety break	6:45-7:00pm safety break	6:45pm-7:00pm safety break	6:45-7:00pm safety break	6:15pm-8:30pm Open Swim Vortex On Slide On (6:15pm-8:00pm)	CLOSED	CLOSED
7:00pm-8:45pm Open Swim Vortex On	7:00pm-8:45pm Open Swim Vortex On	7:00pm-8:45pm Open Swim Vortex On	7:00pm-8:45pm Open Swim Vortex On	CLOSED 8:30-8:45		

The hot tub is closed Tuesdays and Fridays 12-2pm for cleaning. Swim Tests are offered during designated safety breaks during open swim times. Please check in with a lifeguard about availability *Vortex is limited to 15 and up.

hours.

* Lessons take priority and may use space during open pool