



SOUTHDAL YMCA

LEISURE POOL SCHEDULE

November 4 - December 15, 2024

***Reservations Required for all activities in the Leisure Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
		Water X Class 7:45-8:30	Water X Class 7:45-8:30	Water X Class 7:45-8:30				
		CLOSED	CLOSED	CLOSED				
Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55	Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55	Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55	Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55	18+ Vortex 9:00-9:30 9:35-10:05 10:10-10:40 10:45-11:15	Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55 12:00-12:55 1:00-1:55 2:00-2:55			
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED			
		Water X Class 12:15-1:00	Water X Class 12:15-1:00	Water X Class 12:15-1:00				
		CLOSED	CLOSED	CLOSED				
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		Open Swim Vortex On 2:00-2:55 3:00-3:55 4:00-4:45	
							18+ Vortex 4:20-4:50 4:55-5:25 5:30-6:00 6:05-6:35 6:40-7:10	18+ Vortex 4:20-4:50 4:55-5:25 5:30-6:00 6:05-6:35 6:40-7:10
							Open Swim Vortex On 5:00-5:55 6:00-6:55 7:00-7:55	Open Swim Vortex On 5:00-5:55 6:00-6:55 7:00-7:55
18+ Vortex 4:55-5:25 5:30-6:00 6:05-6:35 Open Swim Vortex On 6:40-7:20 7:25-7:55	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
CLOSED								
CLOSED								
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

Swim Tests will be available 5 minutes before your open swim reservation.



Southdale YMCA

Updated: 4/13/2023

WHIRLPOOL SCHEDULE

September 9 - December 15, 2024

NO Reservations Required (minimum age of 15 is required for whirlpool use)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:30am Whirlpool Open	5:00am - 7:30am Whirlpool Open	5:00am - 7:30am Whirlpool Open	5:00am - 7:30am Whirlpool Open	5:00am - 7:30am Whirlpool Open	CLOSED	CLOSED
7:30-7:45 CLOSED	7:30-7:45 CLOSED	7:30-8:45 CLOSED	7:30-8:45 CLOSED	7:30-8:45 CLOSED		
7:45am - 8:30am Whirlpool Open	7:45am - 8:30am Whirlpool Open				Whirlpool Open	Whirlpool Open
8:30-8:45 CLOSED	8:30-8:45 CLOSED				8:45am -11:30am Whirlpool Open	8:45am -11:30am Whirlpool Open
8:45am - 9:45am Whirlpool Open	8:45am -11:55am Whirlpool Open					
9:45am-12:15pm CLOSED	1155-1215 CLOSED	11:30am-1:30pm CLOSED	11:30am-3:00pm CLOSED	11:55am - 1:15pm CLOSED	1:15pm - 8:45pm Whirlpool Open	1:15pm - 8:45pm Whirlpool Open
12:15pm - 8:45pm Whirlpool Open	100-115 CLOSED	1:30pm - 8:45pm Whirlpool Open	3:00pm - 8:45pm Whirlpool Open	1:15pm - 8:45pm Whirlpool Open	1:15pm - 8:45pm Whirlpool Open	1:15pm - 8:45pm Whirlpool Open
	1:15pm - 8:45pm Whirlpool Open					
					CLOSED	CLOSED