

# FOREVERWELL

NOVEMBER 2024 | RIDGEDALE YMCA

## SAVE THE DATE

THANKSGIVING We will be closed on Thursday, November 28,2024



### SAVE THE DATES

- ANNUAL CRAFT FAIR WEDNESDAY, NOV 20 9AM
- GRATITUDE CIRCLE WEDNESDAY, NOV 20 11:15AM
- TURKEY BINGO FRIDAY, NOV 15, MUST BE SIGNED UP ON HLC BOARD

#### NEW TO THE YMCA

New to the Ridgedale YMCA? Contact Molly.skoro@ymcamn.org to schedule an orientation



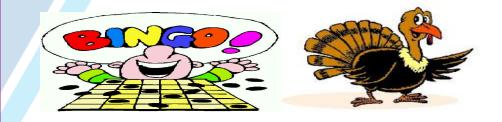


## **NEWS FROM MOLLY AT THE YMCA 2024**

Website at www.ymcanorth.org and click on "schedules" then click on "PDF schedules by location. Select the branch location you wish to view. You can find the schedules for the gym, pool, group ex.

# **TURKEY BINGO**

Friday, November 15 @ Noon. You MUST BE SIGNED UP. Soup will be served with crackers and coffee. There will be prizes. One dime per card, a quarter for three cards each game. Double for the COVER ALL. Pot goes to winner(s). We will also have specialty BINGO games for special prizes. There is limited space. You will need to be signed up by the end of the day Wednesday, November 13. Signup sheet on the HLC Bulletin Board. First come first serve.



## **BRANCH HOURS**

Monday - Friday: 5am-9pm Saturday: 7am-5pm Sundays: 7am -5pm

## **Ridgedale YMCA**

12301 Ridgedale YMCA Minnetonka, MN 55305 Coordinator: Molly Skoro Molly.skoro@ymcamn.org 952-582-8264

## **ACTIVITIES FOR NOVEMBER**



## **Arboretum at The YMCA**

Tuesday, November 12 1-3pm Join Sarah Palm for the YMCA ForeverWell nature based programming. We will celebrate the harvest by creating floral arrangements with natural materials. It is free. **Must be signed up. Only 20 spaces. We will be very firm on this number Please only sign yourself, no one else.** 

WEDNESDAYS WILL BE BRAIN TEASERS DAY @11:15 IN HLC MEMBER LEAD

THURSDAYS WILL BE ADULT COLORING DROP IN DAYS 9-1PM. SUPPLIES PROVIDED

FRIDAYS WILL BE DROP IN DOMINOS MEMBER ASK THE FRONT DESK FOR DOMINOS STARTING AT 10 (UNLESS THERE IS BINGO THAT DAY.

# WEDNESDAY, NOVEMBER 20 9AM ANNUAL CRAFT FAIR

STILL LOOKING FOR VENDORS <u>PLEASE EMAIL MOLLY</u> IF ARE INTERESTED. WE ASK YOU TO DONATE ONE OF YOUR ITEMS IN EXCHANGE FOR A TABLE FIRST COME FIRST SERVE LIMITED TABLES





## WEDNESDAY, NOVEMBER 20 11:15 GRATITUDE CIRCLE

Sharing positive thoughts and encounters with the group. Guest Host Nikki Townsend. Journals will be provided. We meet on the third Wednesday a month. 45 minutes and nothing but a positive atmosphere.

## CALLING ALL KNITTERS AND CROCHETERS



If you are interested in a knitters or crochet group to meet at the Y, either weekly or monthly starting in January of 2025. Please email Kim Cramer @ tokimcramer@gmail.com

#### THANK YOU VETERANS

