



# FOREVERWELL

NOVEMBER 2024 | RIDGEDALE YMCA

## SAVE THE DATE

### THANKSGIVING

We will be closed on  
Thursday, November  
28, 2024



### SAVE THE DATES

- ANNUAL CRAFT FAIR  
WEDNESDAY, NOV 20  
9AM
- GRATITUDE CIRCLE  
WEDNESDAY, NOV 20  
11:15AM
- TURKEY BINGO FRIDAY,  
NOV 15, MUST BE SIGNED  
UP ON HLC BOARD

### NEW TO THE YMCA

New to the Ridgedale YMCA?  
Contact  
Molly.skoro@ymcamn.org to  
schedule an orientation



Thank You Veterans



## NEWS FROM MOLLY AT THE YMCA 2024

Website at [www.ymcanorth.org](http://www.ymcanorth.org) and click on "schedules" then click on "PDF schedules by location. Select the branch location you wish to view. You can find the schedules for the gym, pool, group ex.

## TURKEY BINGO

Friday, November 15 @ Noon. **You MUST BE SIGNED UP.** Soup will be served with crackers and coffee. There will be prizes. One dime per card, a quarter for three cards each game. Double for the COVER ALL. Pot goes to winner(s). We will also have specialty BINGO games for special prizes. There is limited space. You will need to be signed up by the end of the day Wednesday, November 13. Signup sheet on the HLC Bulletin Board. First come first serve.



### BRANCH HOURS

Monday - Friday: 5am-9pm  
Saturday: 7am-5pm  
Sundays: 7am -5pm

### Ridgedale YMCA

12301 Ridgedale YMCA  
Minnetonka, MN 55305  
Coordinator: Molly Skoro  
[Molly.skoro@ymcamn.org](mailto:Molly.skoro@ymcamn.org)  
952-582-8264

## ACTIVITIES FOR NOVEMBER



### Arboretum at The YMCA

Tuesday, November 12 1-3pm

Join Sarah Palm for the YMCA ForeverWell nature based programming. We will celebrate the harvest by creating floral arrangements with natural materials. It is free. **Must be signed up. Only 20 spaces. We will be very firm on this number Please only sign yourself, no one else.**

**WEDNESDAYS WILL BE BRAIN TEASERS DAY @11:15 IN HLC MEMBER LEAD**

**THURSDAYS WILL BE ADULT COLORING DROP IN DAYS 9-1PM. SUPPLIES PROVIDED**

**FRIDAYS WILL BE DROP IN DOMINOS MEMBER ASK THE FRONT DESK FOR DOMINOS STARTING AT 10 (UNLESS THERE IS BINGO THAT DAY.**

## WEDNESDAY, NOVEMBER 20 9AM ANNUAL CRAFT FAIR

**STILL LOOKING FOR VENDORS**

**PLEASE EMAIL MOLLY IF ARE INTERESTED. WE ASK YOU TO DONATE ONE OF YOUR ITEMS IN EXCHANGE FOR A TABLE FIRST COME FIRST SERVE LIMITED TABLES**



**WEDNESDAY,  
NOVEMBER 20 11:15  
GRATITUDE CIRCLE**

**Sharing positive thoughts and encounters with the group. Guest Host Nikki Townsend. Journals will be provided. We meet on the third Wednesday a month. 45 minutes and nothing but a positive atmosphere.**

**CALLING ALL  
KNITTERS AND  
CROCHETERS**



If you are interested in a knitters or crochet group to meet at the Y, either weekly or monthly starting in January of 2025. Please email Kim Cramer @ [tokimcramer@gmail.com](mailto:tokimcramer@gmail.com)

**THANK YOU VETERANS**

